



ST. FRANCIS OF THE FIELDS

Newsletter No. 19 – Nov 3, 2022
(Term 4 – Week 5)

The Jaara people are the traditional custodians of the land on which we live. They have lived here for thousands of years. We commit to working for Reconciliation and justice for all Aboriginal people and to learning more about the Jaara

“To Live, Learn and Grow in God’s Love”

Reminders

Thursday 3 November

- Palmers Gym – Yr 3-4

Monday 7 November

- 2023 Foundation Transition Sessions

Tuesday 8 November

- St Francis Instrumental Concert
Fdn – Yr2 – 10am - 11am
Yr3 – Yr4 – 12pm – 1.30pm
Yr5 – Yr6 – 6pm – 8pm

Wednesday 9 November

- Yr 6 Camp – Cave Hill Creek

Thursday 10 November

- Yr 6 Camp – Cave Hill Creek

Friday 11 November

- Remembrance Day
- Yr 6 Camp – Cave Hill Creek
- Assembly @ 2.45pm

Tuesday 15 November

- Palmers Gym – Yr 5-6

Wednesday 16 November

- Yr 5 Camp - Anglesea

Thursday 17 November

- Yr 5 Camp – Anglesea
- Palmer’s Gym – Yr 3-4
- P&F Meeting @ 7.30pm

Friday 18 November

- Yr 5 Camp – Anglesea
- Fdn & Yr4 Unit Mass @ 11.45am

Monday 21 November

- PUPIL FREE DAY – Report Writing Day

Tuesday 22 November

- PUPIL FREE DAY – 2023 Planning Day
- Sacrament of Reconciliation @ 7.00pm



Tuckshop 2022 – Term 4

Week 5

Thurs 3 Nov

12.30 – 3pm Bec O’Sullivan

Friday 4 Nov

12.30 – 3pm Bree Bortolotto
Chantal Bennalack

Week 6

Thurs 10 Nov

12.30 – 3pm Chelsea Mazzarino

Friday 11 Nov

12.30 – 3pm Renee Jet
Kate Fraser

Week 7

Thurs 17 Nov

12.30 – 3pm Marnie O’Bree

Friday 18 Nov

12.30 – 3pm Hollie Warren
Joelene McSwain

Week 8

Thurs 24 Nov

12.30 – 3pm Bec O’Sullivan

Friday 25 Nov

12.30 – 3pm Chelsea Baker
Nicole Emmerson
Verity Nicholson

Weekend Maintenance

5-6 Nov Cody (6W), Lynch (2S),
Balic (4O)

12-13 Nov Burns (5W), Wills (3H),
Butcher (2D)

19-20 Nov Tuddenham (4Z), Norman (5D),
Merrett (6FD)

26-27 Nov Gustavsson (5W), Djuric (4W),
Villani (2M)



“True progress quietly and persistently moves along without notice.”

St Francis of Assisi



Dear Families,

Today one of our teachers, Luke Crameri, will celebrate the life of his grandfather. Our thoughts and prayers are with Luke and his family at this difficult time.

Dear Lord,

It is not how long we live that counts, but how beautifully we live that matters.

Help us to remember that it is what we give to life more than its duration that adds eternal significance to our existence.

Thank you for the treasured memories that will forever enrich our lives because of whom You have called to live and love with You. We place him now into Your loving hands.

Help us to make our lives more dedicated, more joyful, more giving, so that through a life beautifully lived, we may express our gratitude for the longer years You have given us.

Amen.



Facilities Update

Victorian State Government Capital Grant



Thankfully the building of the 8 new classrooms, toilet block, meeting rooms and indoor atrium will be ready by mid November. We have been assured that the exterior of the building will be completed by the end of November. There will be some landscaping being completed in early December.

I spoke with our furniture company yesterday and we have been told that all furniture will arrive on November 30 and December 1. This means that our 2023 Year 5 & 6 children will be able to enjoy the new classrooms for the Orientation day which will be held on Tuesday 6 December.

I still hope that our current Year 5 & 6 children will be able to move into the new classrooms this year.

Art room

As you may remember, we had vandals break into our Art Room on Grand Final day. They left water running for over 12 hours which meant significant damage had occurred. Assessors arrived yesterday and have moved quickly to remove the carpet and lino (today) so that they can assess for structural and floor damage.

This means that the Art room will likely be closed for the remainder of the year while parts of the floor are replaced. Replastering, painting and carpet and lino will be installed in the coming weeks.

Art will be taught in the library and classrooms in the coming weeks.

Instrumental Concert

Our children learning an instrument are invited to share their musical talents with our school community on Tuesday 8 November in the school shed. All parents and family members are invited to attend the three Instrumental Concerts throughout the day from:

- Fnd - 2 from 10.00 - 11.00am
- Yr. 3 - 4 from 12.00 - 1.30pm
- Yr. 5 - 6 from 6.00 - 8.00pm



Please note that the shed will be closed on **Monday 7 Nov & Tuesday 8 Nov** so that sound and lighting can be moved into the shed and stage area.

Uniform Changeover

As previously advertised, we will be phasing in our new school uniform over the next two years. Children are still able to wear the old uniform items but it is expected that all children will be in the full new uniform for the beginning of the 2025 school year.

The following changes have been made to the existing uniform:

- New short and long sleeve polo shirts
- New softshell jacket which can be worn on its own (does not require woollen or rugby jumper to be worn underneath)
- Sport shorts & skorts which can be worn everyday
- Trackpants with cuffs
- Tunic (winter) with detachable bib - can be worn as either the tunic or skirt options
- Black sneakers can be worn everyday - must be fully black with no white or coloured logos present

Please note: there has been no change to the school dress, unisex drawstring pants, rugby jumper & woollen jumper.



During the changeover period, children may wear the old style uniform with some of the new uniform policy changes, ie: old style polo with old style sport shorts can be worn everyday.

We encourage parents to make sure their children adhere to the uniform policy and only wear approved school uniform items.

The new uniform items will be available to purchase, from the beginning of the 2023 school year, through the online shop at <https://buxwear.com.au/collections/st-francis-of-the-fields>

The old style uniform items have been discounted and are available to purchase from our shop located at school. Orders can also still be placed online for these items.

Year 6 Camp

Our Year 6 children will enjoy a camp at Cave Hill Creek from Wednesday 9 to Friday 11 November. I am grateful for the work of our Year 6 teachers who have planned diligently to ensure that our children have a wonderful experience. I am confident our Year 6 children will represent our school proudly.

Term 4 School Closure Days & Public Holidays

Please note that our school will be closed on the following days:

- Monday 21 November – Pupil Free Day - Report Writing Day
- Tuesday 22 November – Pupil Free Day - 2023 Planning Day
- Friday 16 December – Pupil Free Day - 2023 Planning Day (Last day of the school year)



Assembly

I am delighted to announce that our parents are most welcome to attend our Assemblies for the rest of the year.

Our assemblies will be held on:

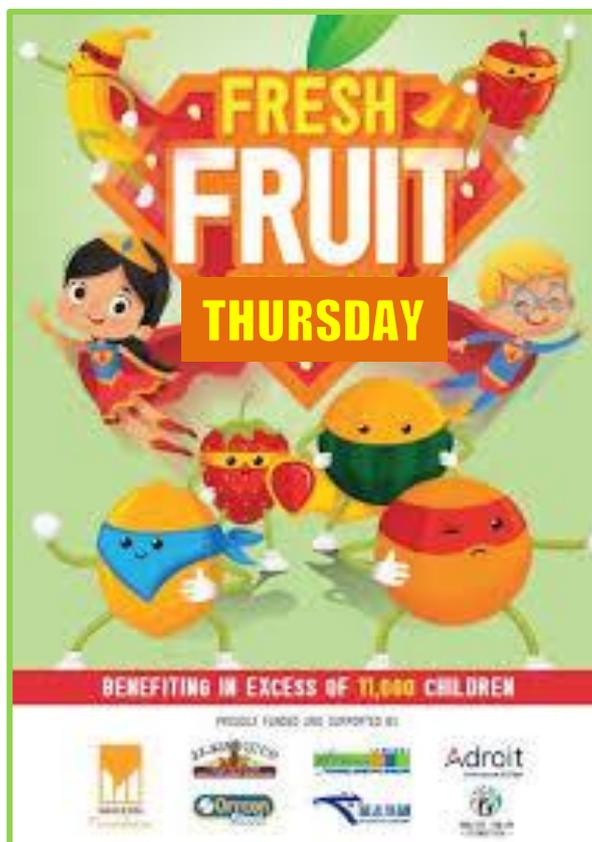
- Friday 11 November at 2.45pm
- Friday 25 November at 2.45pm
- Friday 9 December at 1.00pm (before the Rainbow Run)



Feel free to come along and sit at the back of the audience.

Christ has no hands but yours.

Tim Moloney
Principal



Helping your young perfectionist

by Dr Kaylene Henderson

Theme: Resilience, Wellbeing and Mental Health



There's a perception in our society that perfectionism is a good thing, akin to 'being perfect..' That it's something we should strive for or drop into conversation in job interviews... Yet the reality is quite different.

Perfectionism leads us to place unreasonably and often unrealistically high expectations on ourselves. Essentially, it causes us to raise the bar so high, that we frequently wind up feeling like failures, consumed by frustration and self-blame.

Of course, this can be very unsettling to witness in our kids and it can be hard for us to know how best to help. It can start when our children are very young and grow with them in intensity and impact. Perhaps you have a young child who refuses to draw because her drawings don't look exactly like those of an adult artist. Or maybe your little guy becomes so distressed by a small mistake in his homework, that he insists on starting all over again in his unhealthy quest for perfection.

If you have older kids, perhaps they refuse to submit an assignment because it's not perfect, or they won't run the cross country because they know they won't win.

While it's great for our kids to hold high expectations of themselves, aiming for perfection actually sets them up to fail. Their habitual 'all or nothing' thinking leads to the unhelpful belief that if they don't achieve 100%, they've as good as flunked. Their focus on their mistakes rather than on their successes often affects their self esteem, fuelling a vicious cycle that can lead to stress, depression and anxiety if left unchecked.

The sooner we help our kids break this unhealthy habit, the better. So let's look at a few tips for doing just that.

Reduce your praise

There are two ways in which we tend to praise children. '**Content praise**' often draws attention to the end product, for example, "What a fantastic drawing!", or to a fixed quality in a child, such as "You're so clever". In contrast, '**process praise**' focuses on how your child got there. When we use process praise, we draw attention to their good ideas, problem solving approaches, effort, persistence, concentration and enthusiasm.

While it's helpful for all children to experience more process praise than content praise, this is particularly true for children with perfectionistic traits. This allows us to draw the focus away from how impressive the end result might (or should) be and instead highlight the importance of having a go, trying their best and learning along the way.

For example, rather than saying, 'What a fantastic drawing! You're an amazing artist - what were you worried about?', it's more helpful to say something like, 'It's great to see you having a go at drawing. I love watching you try new things'; or, 'I love seeing the ideas you come up with when you draw'.

Of course, most of the time we needn't praise children at all. Saying simply, 'Drawing is fun isn't it?,' is often enough to provide children with that all important sense of connection.

Model making mistakes

At my children's school, they're taught to embrace 'learning' - learning through failure. Admittedly, my children witness me 'flearning' all the time at home, but in the eyes of your child, you might seem perfect. It's helpful for your kids to see that you make mistakes too, and importantly to learn through your modelling how mistakes can be managed.

Look for (or create!) opportunities to do this. When you're planning on bringing some spoons to the dining table, you could bring knives over instead and say, 'Oops, my mistake. Not to worry. I'll just go back and swap these over.' Or, perhaps you could draw alongside your toddler and deliberately keep from drawing inside the lines, commenting to your little one as you go, 'I love drawing with you'. By doing so, you model for your child that mistakes are okay, that they needn't hamper their enjoyment of a task and importantly, that the end result isn't all that matters.

Teach your child to speak to themselves as a friend

How does your child talk to themselves?

Would they speak to a friend in the same way?

No? Then what might they say instead?

We all know how much our inner voice can affect how we feel. Teach your child to be kind to themselves. To be supportive, forgiving and encouraging, even when they make mistakes.

Consider how you react when your child behaves in an 'imperfect' way

Do you respond calmly when your child accidentally spills cereal all over the kitchen bench or do you tend to overreact? It's important when we're teaching our children that they needn't be perfect, that our responses back this up.

By accepting our children as they are - wonderful, 'good enough' young learners - we teach them to do the same. And that's so much better than perfect.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Regards,
Grace Scalora
Deputy Principal - Pastoral Wellbeing



PE News.....

Fdn - Yr2 Swimming Program

Thank you to all the parents, carers and teachers for their help during the F-2 Swimming Program. I hope the kids enjoyed the program and learnt some valuable lessons for this upcoming Summer.

Please feel free to send any feedback to me if there was anything you thought could be changed for next year.



F-2 Athletics Day



All Fdn – Yr 2 parents are invited to come and watch their children participate in their Athletic Sports on **Friday 25 Nov @ 9 – 11am** on the School Oval. We will have a coffee van available for hot drink purchases.

2022 St Francis of the Fields INSTRUMENTAL PROGRAM CONCERT

For those who are new to our Instrumental Program, each year we present Concerts where the children who are learning an Instrument at school perform in the 'Big Shed'. Due to Covid-19 we have been unable to hold these concerts for the past two years.

We are thrilled to invite families again to come and enjoy the children's performances as they showcase their developing skills. It is a wonderful opportunity for them to give of their best in a supportive and attentive environment.

We have 3 concerts spread throughout the day as listed below:

Date	Tuesday 8th November 2022
Venue	The Shed, St Francis of the fields
Concert times	Fdn-Year 2 Concert 10:00am- approx 11:00am
	Year 3&4 Concert 12:00pm-approx 1:30pm
	Year 5&6 Concert 6:00pm- approx 8:00pm



RE News.....

Catholic Identity Dates for Term 4:

- Remembrance Day - Friday 11 Nov
- Foundation Unit Mass - Friday 18 Nov @ 11:45am
- First Reconciliation - Tues & Wed 22 & 23 Nov @ 7pm
- Just Leadership Day Year 5 - Friday 25 Nov
- Advent Reconciliation Year 3-6 - Wed & Thu 7 & 8 Dec
- Graduation Mass - Wednesday 14 Dec @ 7pm
- Thanksgiving Mass - Thursday 15 Dec @ 9:15am

Remembrance Day

At St Francis of the Fields we will take time to pause and reflect as a whole school on Remembrance Day, Friday - 11 November. Our Year 4 students will lead us in prayer on this day. This date marks the end of World War 1 over a hundred years ago. At the 11th hour on the 11th day of the 11th month of 1918, WW I ended, with the Armistice (or ceasefire) signed amongst the nations involved in the conflict. Although this was so long ago, it is an opportunity to remember all those who have died in wars and conflicts since then.

In our world today, life can be challenging with many people experiencing hardship, destruction of their homes and cities, hunger and very unsafe circumstances as there is still conflict in places such as Ukraine, Ethiopia, Yemen, Myanmar, Syria and Afghanistan. We pray that we value the freedoms that we enjoy today and commit ourselves to create peace in our world by recognising that peace begins in our own families, classrooms, schools and communities. Peace really does begin with us.



We have RSL Remembrance Day merchandise available for everyone to purchase in the office and staffroom. Poppies are \$2ea and the other items range from \$2 - \$5.



THE ODE

*They shall grow not old,
as we that are left grow old;
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning
We will remember them.*



*God of peace, you created us to be people of love.
But the annals of history reflect how much humanity has failed to love.
Inspire love, forgiveness, and compassion within us for each other.
In the name of Christ, our Prince of peace.
Amen.*

Memorial Ceremony

Our annual Memorial Ceremony took place last week, Friday 28 October. We gathered to remember and celebrate the lives of those who have died, with a special prayer liturgy led by Fr Andrew Fewings and our Year 6 Catholic Identity leaders. We invited the family members of those named on the wall and welcome them to share this occasion with us and we were very fortunate that many were able to join us.

Each class created a page for our school Memorial Book. They included special people and pets that have died on their class page. This was a very special time to gather and remember and pray for our loved ones who have died and will always hold a special place in our hearts.

Thank you to Fr Andrew, the Year 6 Catholic Identity leaders, Mr Moloney for leading our music, Miss Cox and the choir for singing our Psalm and Mrs Thompson for providing such a delicious light lunch. We are very grateful to everyone that was able to attend, thank you.



Foundation & Yr 4 Units Mass - Friday 18 November at 11:45am

The Year 4 Mass has been rescheduled with the Foundation Unit Mass on Friday 18 November at 11:45am. Unfortunately, the Year 4 students were unable to celebrate Mass due to the flooding and school closure on Friday, 14 October.

This will be a wonderful celebration for our Foundation and Year 4 units. Families are invited to come along to this Mass. Please email your child's classroom teacher if you would like to attend.

Sacramental Program - Reconciliation



Students from Year 2 and above completed their second week of the sacramental program - Steps in Faith. The Our Times Together session was about the choices we make each day and how these choices impact ourselves and other people. The children reflected on some of the values and teachings of Jesus that help us make good choices.

First Reconciliation ceremonies will be held at St Therese's Church, Kennington on Tuesday 22 Nov and Wednesday 23 Nov at 7pm. We thank the teachers of St Francis of the Fields and St Therese's for facilitating these sessions for our students and their families.

Please contact Lisa Hitchcock lhitchcock@sfstrathfieldsaye.catholic.edu.au or Kristy Ryan stsacraments@gmail.com for more information.

Year 3 Unit Mass - Confirmation & First Eucharist

Fr Andrew Fewings celebrated the Year 3 Unit on Friday, 21 October. It was wonderful to have so many families join the students and teachers for the Mass. The students who had made their Confirmation and First Eucharist brought along the special gifts they had received for making their Sacraments to be blessed.

These children each received a beautiful set of rosary beads from the Knights of the Southern Cross. Fr Andrew blessed their gifts and rosary beads.

Thank you to Fr Andrew for celebrating our Mass, the altar servers, tech ninjas, all the families for attending and the Knights of the Southern Cross for generously gifting the students with such special rosary beads.



Catholic Missions 2022 Socktober - Kick goals for good!



On Friday 21 October, students wore their crazy or favourite socks to school to raise money for Catholic Missions. October was Missions month. Catholic Mission, as the Australian agency of the Pontifical Mission Societies, contributes funding and provides project support to critical church-run initiatives in Africa, Asia, Oceania and South America as well as remote dioceses within Australia.



The goal for Catholic Missions this October is food security and life-saving nutrition in Ethiopia. In 2022, our community along with students and their families from across Australia will raise funds to

support families in Ethiopia facing malnutrition and food insecurity. Catholic Missions projects on the ground will help sustain and enrich the lives of vulnerable children who are in need of our support.

If you would like to donate or find out more about Catholic Mission or Socktober please visit their website - <https://www.socktober.org.au>

Lisa Hitchcock
Catholic Identity Leader



Year 6 Excursion – Sovereign Hill

On Tuesday 25th of October, the Year Six students participated in an excursion to Sovereign Hill, in Ballarat. We were so lucky as the weather was amazing.

We got to watch real gold being poured and watch the staff make hard-boiled lollies.

We did a self-guided mine tour that was quite an adventure. It had fake cave-ins and a remake of the welcome nugget.

On the Main Street, there were plenty of stores to spend our money. There was a candle making shop, a lolly shop and there was even bowling!

There were miniature donkeys and a pair of Clydesdale horses! We went to a gold pour demonstration and Milly and Ian were asked to come up to the front and hold the quarter-of-a-million-dollar block.

We went panning for gold in the hope that we would strike it rich like the miners did during the Goldrush. Some students actually found some gold! What an experience!

By Christopher Jennings and Jacob Moloney



Literacy News....



tension scenes should be strong and long.

The tension scene comes just before the big climax at the end. In movies, this is the scene of the soccer final, the exciting car chase or the heroine fighting for her life in a raging river. Great

Sevensteps



Step 3: Tightening Tension
Seven Steps Writing Tips

Action Activity:

Read picture books with your children and look for tension scenes. Picture books are short, so it's easy to find where the all-important tension builds before the ending. Here are some suggestions to get you started: *The Gruffalo*, *Wombat Stew*, *The Three Little Pigs*, *Hansel and Gretel*.



OASIS News.....

E-Waste Recycling Program

As part of the Grade 4 OASIS program on e-waste, we are collecting any old phones, iPads or electronic mobile devices. We feel that this is a way we can do our part in recycling e-waste and not allowing it to enter landfill. If you check your house for any devices you think are no longer valuable and don't need them any more, please drop them in the box in the Community Centre any time over the next few weeks. We will ensure that the company we deliver the devices to will guarantee security of any information stored on these devices.

E-WASTE



Matt Butcher – Environment & Sustainability Teacher



MACHILLOP ART EXHIBITION



L-R: *Kookaburra*, Jaxon Kelly, Yr 5 and *Budgerigar*, Bella Cail, Yr 5, St Therese's PS Kennington – 2021 Winners General: Primary Group Art Award (P-6)

OPENING AND AWARDS CEREMONY

Fri 11 November 2022

Remembrance Day 

6pm – 8pm

Sacred Heart Cathedral Bendigo

Booking: trybooking.com/BXFWG
(or scan QR code)

Livestream: links.powerav.com.au/cjy



OPEN FOR VIEWING

11-27 November 2022

Open Wed-Sat | 10am – 4pm

Poppies: extracted from *WW1*, Ashton Comisso, Yr 5, St Mary's PS Mooroopna

ENQUIRIES

Claire Spinelli | Education Officer: The Arts

E: cspinelli@ceosand.catholic.edu.au | M: 0407 721 088

ONLINE

From Mon 14 November 2022

ceosand.catholic.edu.au

VOTE FOR

PEOPLE'S CHOICE AWARDS

until Sun 27 November 2022





Parents and Guardians

Thank you so much for supporting our school, especially through fundraising. This term, we are hosting a **RAINBOW RUN** to help us fundraise for new basketball/netball facilities. To achieve our goal, we need to raise \$25,000 to go towards the project.

Did you know? Students raise 3x times more when they fundraise online! Visit www.australianfundraising.com.au to create your child's cybersafe fundraising profile. Instructions are in your child's sponsorship booklet. You have until **18/11/2022** to fundraise, so make sure you get cracking!

When is the Colour Explosion School Fun Run? We will be hosting our Rainbow Run on Friday 9th December 2022. Make sure students wear a WHITE shirt and old clothes. They will be covered in non-toxic, biodegradable colour powder from head to toe!

Is the powder safe? The non-toxic colour powder is made of high-quality corn starch and permitted food colours, so it's safe for skin and eyes. Students with asthma are advised to be careful in their decision to participate.

How does my child fundraise? Fundraising for our basketball/netball facilities is easy – simply follow the instructions outlined in your child's sponsorship booklet. Your child can accept donations online by creating a cybersafe fundraising profile at www.australianfundraising.com.au. **NO CASH PLEASE. ALL ORDERING AND FUNDRAISING IS ONLINE ONLY.**

How do I order my child's incentive prizes? You can order your child's prizes online www.australianfundraising.com.au between 19/11/2022 and 25/11/2022. Order one prize based on the total amount of dollars raised, or mix and match smaller prizes.

Electric Scooter Each Student that raises \$100 or more will go into the draw to win an electric scooter. The lucky winner will be announced at the run on the 9/12/2022.

Share in \$200,000 worth of extra prize credit! Achieve bigger prizes by helping your child earn bonus credit on their online profile. By creating an avatar, sharing your page with friends and reaching milestone donations, you can share in \$200,000 of extra prize credit!

Monstar Madness. There are heaps of prizes you can win when you fun-raise with Monty! Create your fundraising page in the next 7 days, and you will receive a Holographic Monty Sticker! Check out your sponsorship booklet for more awesome Monty prizes up for grabs, like a Monty Plush toy, a bag tag or a high-bounce handball!

Win a \$10,000 JB Hi-Fi Shopping Spree. Do you think you can top our school's leader board? The highest fundraising student in our school will go into the draw to win a \$10,000 JB Hi-Fi Shopping Spree, including your choice of televisions, laptops, phones, home accessories and more! Start fundraising at www.australianfundraising.com.au for your chance to win.

Fund-Razor of the Year Award. Do you think you can top the national leader board? Australia's highest fundraising student in Australia will win a Razor Prize Pack, worth \$3,000!

Thanks in advance for your support, and happy fundraising!

Uniform Shop



To assist the Uniform Shop staff, when ordering uniform online, **please add your child's name and class in the 'Any Notes' section** when you are selecting items. This cannot be done at the payment stage of the order. Orders will be processed on Monday's, Wednesday's & Thursday's.

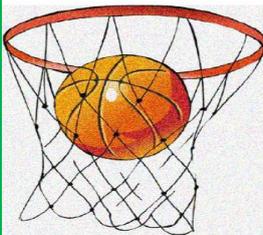
YMCA – After School Care

The YMCA operates an After-School Care Program at St Francis of the Fields Primary School. The program operates every school day for children aged 5-12 years. The YMCA also provides care on days of school closure.

Families can contact the service on 0459 988 313 or visit 'My Family Lounge' where you can register your child in advance for any bookings. any questions please contact stfrancis@ymca.org.au.



ST FRANCIS BASKETBALL AND NETBALL CLUBS



invite you to help us fundraise at

'Dinner for the Kids'

FRIDAY 25th NOVEMBER 2022

Red Energy Arena (Bendigo Stadium Bistro)

- It's simple -
- *1 - Everyone needs to eat.
 - *2 - A night out of the kitchen is always welcome!
 - *3 - Lots of us families will already be there for sporting commitments.

There really is NO EXCUSE not to join.

Red Energy Arena (Bendigo Stadium) are on board and offering our clubs a 20% rebate for all food purchased between 5pm and 9pm on this date.

There will be two sittings (5pm - 7pm) and (7pm – 9pm).

RSVP with approximate numbers via the survey link below by Monday 21/11/2022

<https://www.surveymonkey.com/r/7LTDY2V>

Menu attached, check it out in advance.

[Red Energy Arena Winter Menu 2022 \(bendigostadium.com.au\)](http://bendigostadium.com.au)

A FILM BY TARYN BRUMFITT, CREATOR OF EMBRACE

Embrace Kids

MON 21st NOVEMBER, 6:00 PM BENDIGO CINEMAS

MAKE THIS HAPPEN! FAN-FORCE SCREENINGS ARE RUN BY REAL FANS. THEY ONLY HAPPEN IF ENOUGH TICKETS ARE SOLD. DON'T WORRY-WE REFUND YOU IF IT DOESN'T GO AHEAD. TICKETS ONLY AVAILABLE AT FAN-FORCE.COM/SCREENINGS

L'Arche Christmas Market

At The Good Loaf
404 Hargreaves Street, Bendigo

Sunday November 27, 2022 10am—2pm

- Plants
- Produce
- Christmas cakes & Puddings
- Cakes & Slices
- Craft
- BBQ
- L'Arche Artwork
- Vintage Kitchenalia
- Raffle

And much more

Free Family Art Workshop Day

12th of November at the Old Church on the Hill between 10 - 2pm

- Face Painting
- Clay and Play
- Pastels
- Illustration
- Marbling
- Story Time and Fruit
- Haiku and Sensory Writing

You and your family will have the opportunity to collect materials, learn new art skills and techniques and start the conversation about birth-related trauma. Playground facilities are available and prams are most welcome!

Then head home to work on your optional artwork for submission in our upcoming gallery. "Scars of Beauty" is an exhibition being held February 2nd - 5th and is open for anyone to submit artwork that represents the beauty that can come from birth trauma.



ALICIA HUDDY ART

