



# ST. FRANCIS OF THE FIELDS

Newsletter No. 8 – May 11, 2023  
(Term 2 – Week 3)

The Jaara people are the traditional custodians of the land on which we live. They have lived here for thousands of years. We commit to working for Reconciliation and justice for all Aboriginal people and to learning more about the Jaara

“To Live, Learn and Grow in God’s Love”

## Reminders

Thursday 11 May

- ☐ **School Open Week**
- ☐ Student led tours 9am – 3.20pm

Friday 12 May

- ☐ **School Open Week**
- ☐ Student led tours 9am – 3.20pm
- ☐ Mother's Day Mass @ 11.45am – Fdn -Yr2
- ☐ Assembly @ 2.45pm – 5D & 5K presenting

Sunday 14 May

- ☐ **Mother's Day**

Monday 15 May

- ☐ **Full Winter Uniform to be worn from today**

Thursday 18 May

- ☐ Yr 4 Camp – Billabong Ranch Echuca

Friday 19 May

- ☐ Yr 4 Camp – Billabong Ranch Echuca
- ☐ Yr 3 Unit Mass @ 11.45am

Friday 26 May

- ☐ **PUPIL FREE DAY** – Staff Maths Conference
- ☐ **National Sorry Day**
- ☐ **2024 Enrolments Close**

Tuesday 30 May

- ☐ Michael Carr-Gregg - Parent information evening @ 7pm

Wednesday 31 May

- ☐ Palmers Gym – Yr 2

Thursday 1 June

- ☐ Palmers Gym – Fdn – Yr 1

Wednesday 2 June

- ☐ Yr 4 Unit Mass @ 11.45am

## Tuckshop 2023 – Term 2

### Week 3

Friday 12 May

12.30 – 3pm Bec Stratton  
Donna Wagner  
Viv Bortolotto

### Week 4

Thurs 18 May

12.30 – 3pm Nicole Villani

Friday 19 May

12.30 – 3pm Bec Foster  
Kim Kelly  
Kellie Gibson

### Week 5

Thurs 25 May

12.30 – 3pm Sarah Dean

Friday 26 May

PUPIL FREE DAY

### Week 4

Thurs 18 May

12.30 – 3pm Marnie O'Bree

Friday 19 May

12.30 – 3pm Bek Stevens  
Bree Bortolotto  
Joelene McSwain  
Kate Fitzgibbon  
Chantelle Flynn

## Weekend Maintenance

13-14 May Campbell (2S), Stagg (1AJ), Raco (6J)

20-21 May Skipper (5K), Millar (5K)

27-28 May Coultas (Fdn BW), Webster (6R)

3-6 June O'Sullivan (5D), Norman (6W)

10-11 Jun Wright (5ZC), Stuart (3M)

17-18 Jun Loorham (3GB), Hand (4FT)



*“True progress quietly and persistently moves along without notice.”*

*St Francis of Assisi*



Dear Families,

I pray that all mothers enjoy a sacred time with their families on Sunday. I share with you a beautiful prayer about the wonder of motherhood.

## *A Prayer for all Mothers,*

*Loving God, we give thanks today for mothers!*

*Thank you for mothers who gave birth to us,  
and women who have treated us as their own children.*

*You teach us how to be good mothers,  
cherishing and protecting the children among us.*

*Help us mother lovingly, fairly, wisely and with great joy.  
Help us raise our children to be the people they are born to be.*

*We need your comfort here today, Lord,  
because some are missing mothers, some are missing children,  
some are parted by distance or death.*

*Comfort those who have given up their child for adoption,  
or who chose not to give birth.*

*Comfort those who longed to be biological mothers, and could not.*

*We pray for those here whose mothers have disappointed them;  
we ask for grace in relationships where there is pain and bitterness,  
for healing in relationships where there is abuse and violence.*

*Help our community be a space where people can feel mothered,  
their gifts and talents appreciated and nurtured.*

*Finally, we pray today for mothers around the world;*

*mothers who cannot feed their children,*

*mothers who are homeless or without a homeland;*

*mothers who must teach their children about the*

*dangers of bombs and bullets.*

*Help us create a world where mothers can raise their  
children in peace and plenty.*

*Amen.*



## Mother's Day Mass - Friday 7 May

The Foundation, Grade 1 and Grade 2 students will be hosting the Mother's day Mass tomorrow from 11.45am. This will be a great time to celebrate mothers, grandmothers and special people in the children's lives. All are invited to a cuppa and scone after the liturgy. All are most welcome.



## Mother's Day Stall

Thank you to all parents who volunteered their time to support the Mother's Day Stall today. Special thanks to Kate Fraser for organising the gifts and helpers - much appreciated!

## 2024 Enrolment Process

To assist families in making an informed decision about enrolling their children at St. Francis of the Fields for 2024 the following sessions will be held. Please note that enrolments will close on **Friday 26 May**. Enrolment application forms can be accessed on our school website. [School Website link](#)

### School Information Night

- Thursday 11th May @ 7.30 pm in the Community Centre

### School Open Week

- May 8th - May 12th (9.00 - 3.20pm) Student led tours.

### Orientation Day & Foundation Parent Information Session

- Tuesday 5th December, 2023 @ 12.00pm

### Prep Orientation Program Dates

- To be confirmed (usually held in November)



## Winter Uniform Changeover

All students are required to be in the Winter Uniform by **Monday 10 May**. Please note that hats are no longer needed to be worn.

## Term 2 Dates

8 - 12 May	School Open Week for 2024 enrolments
Friday 26 May	Pupil Free Day (Maths Conference for all staff)
Monday 12 June	Queen's Birthday Holiday



## Shed Unavailability

Please note the shed will be unavailable for training use over the following dates due to the Pupil Free Day - Staff Maths Conference :

- Thursday 25 May
- Friday 26 May

We appreciate your understanding with this inconvenience.

## Assembly

**5D & 5K** will lead our next school assembly tomorrow, Friday 12 May from 2.45pm in the Shed. All parents, grandparents and guardians are most welcome to attend.

Christ has no hands but yours.

Tim Moloney  
Principal



Pastoral Wellbeing  
This month on SchoolTV -

**A SPECIAL REPORT: Celebrating Mother's Day**



Mother's Day originated from humble beginnings in 1908 as a simple tradition to honour all mothers, living and deceased. However, it did not take long for florists, confectioners and card companies to jump onboard and commercialise the day, much to the disappointment of its founder, Ann Jarvis.

Mother's Day is a good annual reminder to say thanks to the mums and other special carers who play an important role in our lives, but it is essential we mark the day with love and sincerity. This year is especially important due to the recent pandemic, where mothers played multiple roles over recent months providing care and support to those they love under difficult circumstances. Mothers will often put the needs of others above their own, so it is paramount to remind them to take care of themselves also, especially when it comes to mental health.

Research has shown that women experience some mental health conditions more so than men and at much higher rates. There are many factors that can impact a woman's wellbeing physically and emotionally. Seeking effective treatment can enable her to engage more readily in everyday activities and fulfil the needs of her children and family.

This Special Report highlights the role mothers play in the developmental growth of her children and the importance of self-care for good mental health.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:  
[https://sfstrathfieldsaye.catholic.schooltv.me/wellbeing\\_news/celebrating-mothers-day](https://sfstrathfieldsaye.catholic.schooltv.me/wellbeing_news/celebrating-mothers-day)

Regards, Grace Scalora - Deputy Principal – Pastoral Wellbeing



A PRESENTATION FEATURING DR MICHAEL CARR-GREGG

## Building Happy and Resilient Young People

Parents and caregivers attending this presentation by Dr Michael Carr-Gregg can expect to gain a deeper understanding of the various factors that contribute to their child's happiness and resilience.

Dr Carr-Gregg is a well-respected child and adolescent psychologist, and his presentation will draw on his years of experience working with young people and their families. He will provide practical advice on how parents can support their children's mental health and help them develop the skills they need to navigate life's challenges with confidence and optimism.

Dr Carr Gregg will cover a range of items related to young people's mental health, including the importance of positive relationships, self-esteem and coping strategies. He will discuss the impact of social media and technology, and provide guidance on how parents can help their children navigate the digital world safely. Dr Carr Gregg's presentation will be informative, engaging, and highly relevant to parents who are looking for ways to support their child's emotional wellbeing.

Because parenting doesn't come with instructions, parents and caregivers can expect to leave this presentation with a better understanding of their child's needs and practical strategies they can use to build happy and resilient young people.

Join us at this special presentation and empower your confidence!

**SUITABLE FOR:** Parents, grandparents and caregivers

**DURATION:** 45 minute presentation followed by 15 minutes question time

**DATE:**

TUESDAY  
30 May, 2023

**TIME:**

AEST  
7.00pm - 8.00pm

**VENUE:**

St Francis of the Fields  
Community Centre

**\$15**

PER ADULT

**Tickets on sale now!**  
Please purchase through CDF Pay

### WHO IS PRESENTING?

Dr Michael Carr-Gregg is one of Australia's highest profile psychologists, author, broadcaster and specialist in parenting, children, adolescents and mental health. He wrote his PhD at the University of NSW on adolescents with cancer and in 1985, he founded the world's first national teenage cancer patients support group, Canteen. He has been part of SchoolTV since its launch in 2016 and also works in private practice in Melbourne. He is the Commonwealth Government representative on the Board of the Australian Children's Television Foundation and is the Consultant Psychologist to Australian Boarding Schools Association.



# Peaceful Kids program

'Peaceful Kids' is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children. The program has been created to fulfil a need in schools to offer all children a developmentally appropriate program that gives children the skills, practice and support to utilize coping strategies that lessen the symptoms of anxiety and stress. The program also involves parental involvement and commitment to supporting the strategies at home.

## Outcomes of the Peaceful Kids program:

- Lessen symptoms of anxiety and stress in children
- Teaches children to self-calm.
- Empowers children to manage their own anxiety.
- Develops emotional intelligence skills.
- Teaches children life-long skills to manage stress and prevent stress build up.
- Supports children so they know that they are not alone with suffering from anxiety.



## Peaceful Kids is based on evidence-based therapies and research:

- Mindfulness Based Stress Reduction program (MBSR)
- Mindfulness-integrated Cognitive Behaviour Therapy (MiCBT)
- Positive Psychology
- Acceptance and Commitment Therapy

## Program structure:

- Peaceful Kids is a 8 week program for children
- Sessions are for approximately 1 hour each week. (40-50 minutes for Prep and Year 1's)
- Sessions include learning a range of mindfulness strategies and meditations and positive psychology exercises.
- Children are guided through meditations daily online via the Peaceful Kids website: [peacefulkids.com.au](http://peacefulkids.com.au).

## Parental involvement:

- A parent session is run for interested parents to explain the program and the pivotal role of mindfulness to lessen and prevent anxiety symptoms.
- Each week the children learn a new mindfulness meditation and positive psychology strategy that they can share with you at home. It would be great to give your child the time to practice these strategies at home, so they learn to incorporate these into their daily lives.
- 

## Program Content

### Children learn about:

- Basic theory on Mindfulness and how it affects the brain and lessens stress and anxiety
- The different ways to practice Mindfulness and integrate it into their lives
- Their feelings and how this relates to anxiety and stress levels
- Understanding stress and how it relates personally to them
- Understanding triggers for stress and how to calm down when feeling stressed
- Physical symptoms of stress and learning to identify when they need to take time out to calm themselves
- Worrying and how it affects their happiness
- Different types of thinking that increase anxiety or lessen anxiety
- Noticing their own self-talk and how this affects worrying and stress levels
- Creating a balanced lifestyle including lots of chill out time and being in the flow

### Children learn life skills of:

- A range of Mindfulness meditations
- Positive psychology exercises
- Techniques to lessen worrying
- A variety of coping strategies
- A variety of problem solving strategies
- Journaling and expressing their worries
- Facing challenges and fears step by step
- Preventative strategies to help prevent stress build up
- Being attuned to their own bodies and minds
- Being in the flow more regularly and enjoying more of the present moment

## What you need to do:

- If you would like your child to participate in the Peaceful Kids program please email Maree O'Connor ([moconnor@sfstrathfieldsaye.catholic.edu.au](mailto:moconnor@sfstrathfieldsaye.catholic.edu.au)) with your expression of interest before 30<sup>th</sup> May.

## Research:

If you would like to learn about Mindfulness and Positive Psychology and its benefits, the following links may be useful to outline the science and evidence-based research that the program is based on.

<http://au.reachout.com/what-is-mindfulness>  
<http://www.umassmed.edu/cfm/research/>  
<http://www.mindfulschools.org/about-mindfulness/research>  
<http://www.mindful.org/the-science/medicine/the-science-of-mindfulness>  
<http://www.sciencedaily.com/releases/2011/01/110121144007.htm>  
<http://www.actionforhappiness.org>  
<http://mindfullearning.com.au/about-mindful-learning/authors/>  
<http://www.mindfulness.net.au/what-is-micbt.html>



The poster is divided into four quadrants. The top-left quadrant features an illustration of a brown monkey hugging a pink child in a garden with orange and yellow flowers. The top-right quadrant has a teal background with the title 'Peaceful Parents' in white script, followed by '4 WEEK PARENT WORKSHOP' in white sans-serif. The bottom-left quadrant has a teal background with the heading 'Parents learn' and a list of topics. The bottom-right quadrant has an orange background with details about the workshop's duration, commitment, and capacity.

# Peaceful Parents

## 4 WEEK PARENT WORKSHOP

The Peaceful Parents 4 week workshop is a Mindfulness & Positive Psychology based parenting program to increase resilience in primary aged children.

'Peaceful Parents' is a strength based parenting workshop that is engaging, practical and supportive for parents. It helps parents build on their parenting strengths to build resilient and calm kids.

### Parents learn

- Resilience building exercises & strategies
- Mindfulness strategies to keep stress levels low
- Mindful listening & responding
- Positive psychology strategies to boost wellbeing
- Techniques to help their child lessen worrying
- Effective coping strategies
- How to help children manage their feelings
- How to help their child problem solve difficulties
- How to create healthy thinking habits

Workshop runs over 4 sessions on the dates and times listed below.

A commitment to attend all 4 sessions is required as these are not separate workshops.

**Maximum of 12 parents**  
**All parents & carers welcome**

Please note that is a 4 week educational course for parents and not a counselling course or a course on behaviour management for children.

## RE News.....

### Mother's Day Mass

Our Fdn - 2 classes have been busy preparing for this special celebration and look forward to our Mother's Day Mass tomorrow, **Friday 12 May @ 11.45am.**



*O Gentle God,  
in whom our souls find childlike rest, we celebrate the gift of motherhood.  
We thank you for a mother's ability to nurture life,  
For their wisdom to teach and guide,  
For their patience to encourage and heal.  
Bless all the mothers and those who are like mothers in our lives,  
Who have nourished our lives with these qualities. Bless us, in turn,  
With the energy to give new life to all those we care for, to enrich  
And protect those who are entrusted to our care just like a mother.  
Bless mothers and those special people who are like our mothers all over the world with good  
health, with the support of their families, with joy and laughter, and with love.  
May all who have nurtured life in others be themselves nurtured one day in your strong embrace,  
there, for all eternity, to rejoice with their families and friends.  
Amen.*





## Sacramental Program - Confirmation and First Eucharist

The Sacramental Program to prepare students from Grade 3 onwards for Confirmation and First Eucharist will commence with Parent Information Nights on Tuesday, 30 May at 7 pm St Therese's Church, Kennington and Thursday, 1 June at 7 pm at St Joseph's Church, Axe Creek. Please note - parents only need to attend on information night.



Please contact Mrs Hitchcock at school if you would like further information or you would like your child to participate in the program.

## Laudato Si Week 2023

The theme for Laudato Si Week 2023 is "Hope for the Earth. Hope for Humanity". In Laudato Si', Pope Francis invites us to "discover what each of us can do" as we build a better future together. (LS 19) Responding to the call of Laudato Si' means embracing new ways of living, as our growing awareness of the connections between all things is translated to concrete action. By doing this we can hope for the future of the earth and for humanity.

Laudato Si' Week began as a way to celebrate the first anniversary of Pope Francis' papal encyclical letter, "Laudato Si': On Care For Our Common Home." Since then, the annual celebration has become a way for all Catholics to unite and rejoice in the progress we've made in bringing Laudato Si' to life and to commit ourselves to further prayer and action for our common home.

This year, St Francis of the Fields will join Catholic communities around the world in celebrating Laudato Si' Week. Our community will celebrate from 19 - 25 May with our Laudato Si Week Launch at Assembly on Friday 19 May at 2:30 pm. This will be led by our new Earthcare Team, which is a joining of our Green Team and Catholic Identity student leaders.

We invite you all to this assembly as we share the exciting steps our community is taking on our journey towards an integral ecology and how you can join us on this journey. During Laudato Si Week, all students will be participating in environmental data collection to help our Earthcare Team develop a student-led action plan to improve our biodiversity.

The film "[The Letter](#)," which tells the story of four "social poets" affected first-hand by the climate crisis who travel to Rome to meet Pope Francis, is available to watch here - "[The Letter](#)".

Please contact Mrs Hitchcock or Mr Butcher if you would like further information or would like to join our Earthcare Team.



**COMMON PRAYER**  
for the 8<sup>th</sup> anniversary of  
**Laudato Si'**

Loving God,  
Creator of heaven and earth and all that is in them,  
You created us in your own image and made us  
stewards of all your creation.  
You blessed us with the sun, water and bountiful land  
so that all might be nourished.

Open our minds and touch our hearts,  
so that we may attend to your gift of creation.  
Help us to be conscious that our common home  
belongs not only to us, but to all of your creatures and to  
all future generations, and that it is our responsibility to  
preserve it.  
May we help each person secure the food and  
resources that they need.

Be present to those in need in these trying times,  
especially the poorest and those most at risk of being  
left behind.  
Transform our fear and feelings of isolation into hope  
and fraternity so that we may experience a true  
conversion of the heart.

Help us to show creative solidarity in addressing the  
consequences of this global pandemic.  
Make us courageous to embrace the changes that are  
needed in search of the common good.  
Now more than ever may we feel that we are all  
interconnected and interdependent.  
Enable us to listen and respond to the cry of the earth  
and the cry of the poor.  
May the present sufferings be the birth pangs of a more  
fraternal and sustainable world.

Under the loving gaze of Mary Help of Christians, we  
make this prayer through Christ our Lord.  
**Amen**

**LAUDATO SI' WEEK 2023**



## National Sorry Day - 26 May & National Reconciliation Week - 27 May-3 June

The theme for National Reconciliation Week 2023, **Be a Voice for Generations**, encourages all Australians to be a voice for reconciliation in tangible ways in our everyday lives – where we live, work and socialise.

For the work of generations past, and the benefit of generations future, let's choose to create a more just, equitable and reconciled country for all.

The St Francis of the Fields FIRE Carriers are currently planning and preparing for National Reconciliation Week. The student leaders have taken on the challenge to be a voice for reconciliation in a very tangible way. They will lead a liturgy of the word on Friday, 2 June and also lead activities for our students, Assisi Kindergarten children and participate in a workshop to continue to develop their own knowledge and understanding of Aboriginal and Torres Strait Islander cultures and histories.

**On Friday 2 June**, the FIRE Carriers will lead an awareness and fund raiser for Opening the Doors Foundation. Students can wear the colours of the Aboriginal or Torres Strait Islander flags and bring along a gold coin to donate to this very worthy foundation.

The Opening the Doors Foundation is an Aboriginal-led community organisation supporting educational opportunities for Aboriginal children. The Foundation enables Aboriginal students to participate fully and equally in education and supports their families to make their own choices about their children's future. The Foundation believes that consistent support for self-determination is key to raising the dreams and aspirations of the next generation.

### The Australian Aboriginal Flag



**Black** - represents the Aboriginal people of Australia.

**Yellow disk** - represents the Sun, the giver of life and protector

**Red** - represents the red earth, the red ochre used in ceremonies and Aboriginal peoples' spiritual relation to the land.

### The Torres Strait Islander Flag



**Green** - symbolises the land.

**Blue** - represents the waters of the Torres Strait.

**Black** - signifies the Torres Strait Islanders themselves.

**White** - symbolises peace.

**White star** - represents the five major island groups.

**White dhari** - (dancer's headdress) symbolises the Torres Strait Islander people.

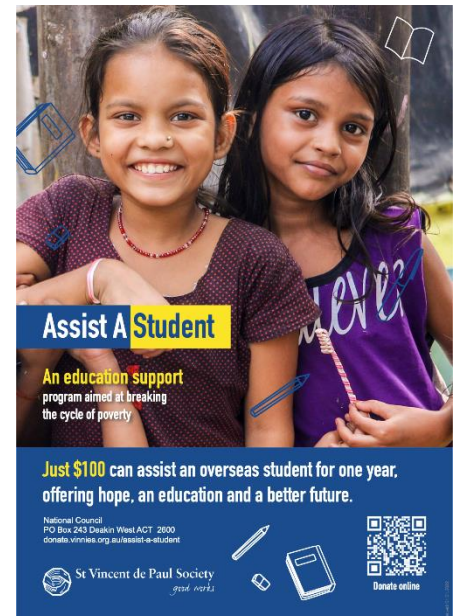


### St Vincent de Paul: Assist a Student

The Assist A Student program reflects the Mission Statement of the St Vincent de Paul Society – to serve the poor with love, respect, justice, hope and joy. We do this by sharing some of ourselves – what we have – with those in need in our neighbouring countries.

The Assist A Student program has been running in Australia since 1996, and funds allocated per student are \$100 for a year. Your donation (whatever the amount) will provide educational support to a student in one of our partner countries, in Asia and the Pacific, and will make a real impact on their ability to access education.

If you would like any further information please contact Mrs Hitchcock.



### Opening and Blessing of the new Senior Learning Centre

On Friday 28 April, our school community gathered to celebrate the opening and the blessing of our new Senior Learning Centre. We welcomed Bishop Shane McKinlay DD, The Hon. Jacinta Allan Member for Bendigo East, Mr Paul Desmond Director of Catholic Education Sandhurst Ltd, and many from our community and the Catholic Education community. Bishop Shane and Mrs Allan spoke of the learning space being a great addition to our school. However, beyond the building, it is about us as people and the opportunities that exist for our community to continue to grow as learners and people united in faith and committed in action to live, learn and grow in God's love.

Our Year 6 student leaders took an active role in our celebration by welcoming our guests, altar serving, reading during our liturgy, sharing their thoughts about the wonderful new learning space and setting up and packing up our seating and Sacred Space. Thank you to the Year 6 students and their teachers for all they did to make our celebration so special and reflective of our faith community.

Thank you to our choir who led us in our singing, to Mrs Cameron for her work preparing the choir, to Mrs Brohm for her support on the day and to Ellen for leading the choir so capably. Their voices added to the joy that was so evident on the day.

Thank you to all in our community that were able to join us as you all helped to make this day very special.

The Year 5 and 6 cohort and their teachers truly appreciate all who made this dream of a new senior learning space a reality. They are certainly making the most of all the opportunities this amazing new building provides us all at St Francis of the Fields.



Lisa Hitchcock  
Catholic Identity Leader



# BUILDING EARLY NUMERACY & LITERACY SKILLS

## Foundation Parents Workshop

### Two sessions available:

**When:** Thursday 18th May, 9am and 7pm

**Where:** Meeting Room (adjacent to the Staffroom)

The session will run for approximately 75 minutes.



Hands-on, practical workshops (where you won't have to answer any maths questions out loud!)

We will focus on:

- Developing an understanding of what children do as they develop 'number sense'
- Ways to develop effective counting strategies
- Learning some fun maths games to play at home
- Nurturing a wonder and enjoyment of maths in our world

Strategies to support your child's reading at home, through the use of book walks, useful prompting techniques and book discussions.

We will focus on:

- Benefits of nightly reading across the primary school years.
- Differences between and purpose of 'Read To', 'Read With' and 'Read to Self'.
- Book familiarisation and how to prepare your child for reading success
- An introduction to reading strategies within a whole language approach
- Learning opportunities when reading at home.

You are welcome to stay for a cuppa afterwards – a good chance to meet and get to know other parents.

For any questions, please email

Marg Brohm (Literacy Leader) [mbrohm@sfstrathfieldsaye.catholic.edu.au](mailto:mbrohm@sfstrathfieldsaye.catholic.edu.au)

Kate Ellis (Numeracy Leader) [kellis@sfstrathfieldsaye.catholic.edu.au](mailto:kellis@sfstrathfieldsaye.catholic.edu.au)

**TO BOOK GO TO [SCHOOLINTERVIEWS.COM.AU](http://SCHOOLINTERVIEWS.COM.AU)**

**BOOKING CODE: [jjc75](#)**



## Parish News.....

### 2023 Sacramental Program - Confirmation and First Eucharist.

The Sacramental preparation program for Confirmation and First Eucharist for 2023 will be taking place during Terms 2 and 3.

#### Information nights will take place soon -

- St Therese's, Kennington: Tues 30<sup>th</sup> May, 7pm
- St Joseph's, Axe Creek: Thurs 1<sup>st</sup> June, 7pm

Further details will be emailed to the families who completed their Sacrament of Reconciliation during Term 4, 2022.



For any other children in Grade 3 and above who would like to enquire about enrolment in the Sacramental program, please contact Parish Sacramental Coordinator, Sally Jennings at Parish Office: Ph 5443 3052 or email: [kpsacraments@outlook.com](mailto:kpsacraments@outlook.com)

## PE News.....

### Divisional Cross Country

On Wednesday 3rd May we had over 100 children head off to the Bendigo race course to compete in the divisional cross country. All children are to be congratulated on their efforts, and for representing our school so wonderfully.

We had a number of outstanding performances, and 8 children that qualified for the next stage. To do so, you needed to be in the top 12 place getters for the Sandhurst division (noting that the 9-year old's do not move on). We also had quite a few students narrowly miss the top 12, no doubt the disappointment will be short lived and be used to spur them on for next time.



**Congratulations to:** Jed Willis, Sienna Raco, Zara Grieve, Solly Baker, Hamish Baker, Darcy Rodda, Elliot Kelly, Milanke Haasbroek. Special mention to Jed & Milanke for winning their age group in the blue section! I would also like to point out that we had a number of children place in the top three in the blue and red sections.

#### Blue Group Top 3 Individual Results:

12/13 yr boys	1st	Jed Willis
10 yr girls	1st	Milanke Haasbroek

#### Red Group Top 3 Individual Results:

9 yr boys	1st	Quade Baker	2nd	Lenny Crawford	3rd	Leo Mason
9 yr girls	1st	Scarlett Booker	3rd	Pippa Fishley		
10 yr boys	1st	Darcy Kanzamar	3rd	Connor McCormick		
11 yr boys	1st	Josh Prowse	2nd	Alex Kelly	3rd	Flynn Todd
11 yr girls	2nd	Cammie Fitzgerald				
12 yr girls	3rd	Harper Gordan				

The children were prepped and told about the opportunity to win the team events! This is where the 6 top finishing children from each age group and section are calculated, and the school with the lowest 6 placings wins an award. We managed to take out a number of these awards!!! We had spoken to the children about ensuring they gave their all right to the finish line, regardless of place. Knowing that they will help their team to potentially pick up a team award. This was something many children were pretty excited about, and we could see the effort they gave and that is exactly why we were so successful in this area. A great lesson to all the children, that sometimes regardless of personal placement, being part of something bigger and being part of a team can be pretty fulfilling. **These awards will be presented at next week's assembly (Friday 19 May).**

#### Team Event Age Group Winners

9yr girls blue group	9yr boys red group	11yr boys red group
11yr boys blue group	10yr boys red group	12/13yr boys red group
9yr girls red group	11yr girls red group	

My role for the day placed me at the finish line, and I was able to see all that went on as children crossed the line. I can honestly say; our St Francis children showed the most sportsmanship and shook competitor's hands and offered congratulations to others. Our children continue to give us many examples and moments to be proud of!



### SSV State Netball Team Trials

We also had three girls trial in the first stage for the School Sport Victoria State Team - Marlie Skinner, Ava Hope & Sienna Raco. The girls played for well over 2 hrs during the trial period. They gave their very best and had a great time with their mates during the process. Congratulations to Sienna for making it to the next level. We wish you all the best at the next stage!





## SSV State Football Team Trials

We had three boys trial in the first stage for the School Sport Victoria State Team. Tate Kanzamar, Jedd Willis & Archer Horan, all playing very well and giving the best they could on the day. Congratulations to Jedd and Archer for making it to the next level of the trials. We wish you all the best!

## Country Basketball Championships

A couple of weeks ago, I played in the Junior under 12 Country Championships Basketball in Bendigo. We played 9 games overall and lost 4 and won 5. My team made it to the grand final, but we sadly lost. There were 5 pools with about 10 teams each in them. Overall we finished 12th best in Victoria. Some of the girls we played against were twice our height!! My team played very well, but we were all very tired by the time our grand final came around.

Written by Willow Wardell



## O'Keefe Trial Run

Over the weekend we had some fabulous parents compete in the O'Keefe trail challenge half marathon.

## Results

Brianna Maddern- 3rd (Women)

Lucy Rodda- 4th (Women)

Aaron Lamprell- 13th (Men)

Congratulations to you all and what wonderful examples you are to your children.



## PE Award

Each assembly week, two students will receive a tuckshop award.

The criteria for receiving these awards is very straightforward. Students demonstrating outstanding sportsmanship, effort and attitude will be the prime candidates for these awards.

**Congratulations: Millie Christen & Hazel McDermott**

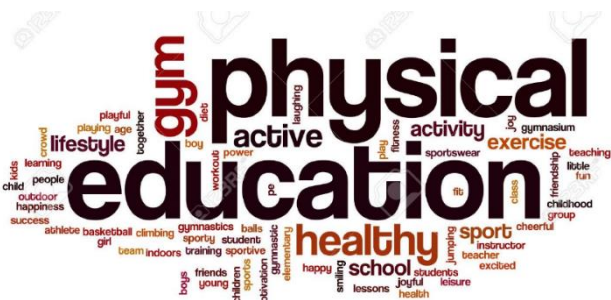
## Sporting News

Parents, if you news that should be shared in the newsletter, please let me know by emailing [dcoates@sfstrathfieldsaye.catholic.edu.au](mailto:dcoates@sfstrathfieldsaye.catholic.edu.au) or sending it directly through to

[newsletter@sfstrathfieldsaye.catholic.edu.au](mailto:newsletter@sfstrathfieldsaye.catholic.edu.au)

Danielle Coates &amp; Shannon Dillon

## PE Coordinators







# NET SET GO 2023

BEGINNING FRIDAY 21 JULY 2023

3:30PM- 4:30PM

OUTDOOR COURTS

8 WEEKS

LIMITED NUMBERS

REGISTER VIA THE LINK ON THE  
ST FRANCIS NETBALL CLUB FACEBOOK PAGE  
CONTACT STFRANCISNETBALLCLUB@GMAIL.COM FOR MORE INFORMATION



## Frank's Little Friends Playgroup

Every Tuesday during school term.

9:30am - 11am.

Gathering in the Community Centre

Please see our FB group "Franks Little Friends" for updates.

All welcome!



FRANK'S LITTLE FRIENDS  
Playgroup at St Francis of the Fields

## Uniform Shop

The Uniform Shop is now cashless. All in-store payments are to be made using EFTPOS.

To assist the Uniform Shop staff, when ordering uniform online, **please add your child's name and class in the 'Any Notes' section** when you are selecting items. This cannot be done at the payment stage of the order.

Orders will be processed on Monday's, Wednesday's & Friday's.

**Opening hours –**  
Monday 8.30 - 9.30am  
Wednesday 2.30 – 3.30pm  
Friday 8.30 – 9.30am



## YMCA – After School Care

The YMCA operates an After-School Care Program at St Francis of the Fields Primary School. The program operates every school day for children aged 5-12 years. The YMCA also provides care on days of school closure.

Families can contact the service on 0459 988 313 or visit 'My Family Lounge' where you can register your child in advance for any bookings. any questions please contact [stfrancis@ymca.org.au](mailto:stfrancis@ymca.org.au).



## Community News....

FREE COMMUNITY EVENT

# Kangaroo Flat Family Fun Day

Sunday May 21, 2023



- Pony rides
- The Zone rock climbing wall
- Activities with AFL Central Vic
- Art and craft
- TZR reptiles and wildlife display
- Face painting
- Circus activities
- Entertainment, lucky door prizes and FREE giveaways!



BBQ sausages, soup and bread roll, veggie burgers and chicken sticks – all \$2 each

Thanks to the Rotary Club of Kangaroo Flat, Kangaroo Flat Primary School and Hazeldean

Wominjeka Simu  
**Welcome**  
أهلاً بك 欢迎  
ပထဝီလိမ္မော်ဘက်နာ

**12pm - 3pm**  
**Kangaroo Flat Primary School yard**  
60 Olympic Parade, Kangaroo Flat



# Bendigo Futsal Junior Competition

### JUNIOR COMPETITION INFORMATION

Each little superstar will have the opportunity to play weekly, on a Wednesday evening. Individual bookings are available through the registration portal at [www.kellysports.com.au/be ndigo](http://www.kellysports.com.au/be ndigo)

Team bookings are available by filling out the junior team registration form and then emailing [beau@kellysports.com.au](mailto:beau@kellysports.com.au)

### AGE GROUPS

Under 8's, 10's, 12's, 14's, 16's.

### JUNIOR FUTSAL COMPETITION DETAILS

**COST:** \$98

**DAY:** WEDNESDAY

**TIME:** 4:30PM - ONWARDS

**PROGRAM DATES:** 3RD MAY - 21ST JUNE

**VENUE:** VICTORY CHRISTIAN COLLEGE

- REGISTER INDIVIDUALLY
- REGISTER YOUR OWN TEAM
- REGISTER THROUGH OUR ACADEMY PROGRAMS

BOOK ONLINE NOW AT  
[KELLYSPORTS.COM.AU](http://KELLYSPORTS.COM.AU)



0428 326 924

[beau@kellysports.com.au](mailto:beau@kellysports.com.au)

9 Barnbough Pl, Eaglehawk, 3556

[www.kellysports.com.au/bendigo](http://www.kellysports.com.au/bendigo)

