

ST. FRANCIS OF THE FIELDS

Newsletter No. 6 – April 18, 2024
(Term 2 – Week 1)

The Jaara people are the traditional custodians of the land on which we live and learn. We pay our respects to the elders and commit to working for reconciliation and justice.

“To live learn and grow in God’s love.”

Reminders

Friday 19 April

- 6J & Fdn M Mass @ 11.45am
- Assembly @ 2.45 – 6R presenting

Thursday 25 April

- ANZAC Day Public Holiday

Friday 26 April

- PUPIL FREE DAY – Staff Spirituality Day

Monday 29 April

- Learning Conversations
- School Open Week
- Principal Learning Tour @ 5pm

Tuesday 30 April

- Learning Conversations
- School Open Week
- Principal Learning Tour @ 9.30am

Wednesday 1 May

- Learning Conversations
- School Open Week
- Principal Learning Tour @ 12.30pm

Thursday 2 May

- School Open Week
- Parent Information Session @ 7.30pm

Friday 3 May

- School Open Week
- Year 1 Unit Mass @ 11.45am
- Assembly @ 2.45pm – 5W presenting

Monday 6 May

- Full winter Uniform to be worn

Thursday 9 May

- Yr 4 Camp – Billabong Ranch Echuca
- P&F Meeting @ 7.30pm

Friday 10 May

- Yr 4 Camp – Billabong Ranch Echuca
- Mother's Day Brekky @ 8am
- Mother's Day Mass- Yr 3, 5 & 6 @ 9.15am
- Assembly @ 2.45pm – 5K presenting

Tuckshop 2024 – Term 2

Week 1

Fri 19 April

12:30pm-3pm

Sally Arundell
Helen Harrington
Chelsea Baker

Week 2

Thurs 25

Anzac Day Holiday

Fri 26 April

Pupil Free Day

Week 3

Thurs 2 May

12.30pm-3pm

Trent Dole

Fri 3 May

12:30pm-3pm

Bec Foster
Casey Simpson
Nicole Emmerson

Weekend Maintenance

20-21 April

English (3C),
Bortolotto (6J),
Curtain (Fdn M)

27-28 April

Campbell (3C),
St Clair (2HL),
Johnson (4P)

4-5 May

McMillan (2S),
Dickman (1AJ),
Hatz-Moore (Fdn D)

11-12 May

Bowe (5ZD),
McKenzie (Fdn B)

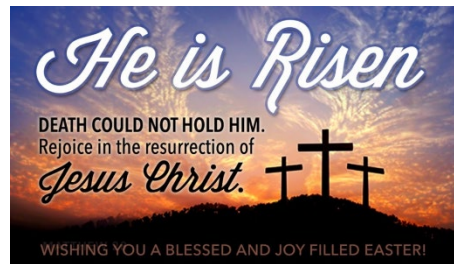
“The deeds you do may be the only sermon
some persons will hear today.”
St Francis of Assisi



Dear Families,

Welcome back to Term 2. I hope you have enjoyed a restful and reflective Easter break. It's wonderful to be back. The children have many activities to look forward to during Term 2.

I share with you a prayer about the resurrection of our Lord Jesus.



Lord God,
You loved this world so much,
That you gave your one and only Son,
That we might be called your children too.
Lord, help us to live in the gladness and grace
Of Easter Sunday, everyday.
Let us have hearts of thankfulness
For your sacrifice.
Let us have eyes that look upon
Your grace and rejoice in our salvation.
Help us to walk in that mighty grace
And tell your good news to the world.
All for your glory do we pray, Lord, Amen.

- Rachel Marie Stone

Cross Country Championships

I am very grateful to Danielle Coates and Shannon Dillon for coordinating the School Cross Country Championships today. I am very proud of the way our children showed grit and determination in running today - great resilience!



Deputy Principal at Assisi

As part of our Deputy Principal's professional learning I have asked Grace Scalora to take part in a pilgrimage to Assisi in Italy to learn more about our patron saint, St. Francis of Assisi. Grace spent a week in Rome learning about the charism of St. Francis. She is currently in Assisi walking in Francis' footsteps. We look forward to Grace returning to our school on Monday 29 April.

Learning Conversations - Next week

Please note that the Learning Conversations will be held on:

- April 22, 23 & 24 from 8.00 - 8.45am and 3.45 - 5.00pm

This is a wonderful opportunity for parents, students and teachers to discuss how we can work together to continue to ensure our children are feeling safe and are learning to the best of their ability. Bookings close tomorrow, **Friday 19 April, at 4.00pm.**

Please book in your appointment at Schoolinterviews.com.au and use this booking code : **36tc6**



Changes to Instrumental Program

I have made some changes to the Instrumental Music program to ensure our literacy and numeracy blocks are free from interruption. This means that going forward we will only be able to offer Instrumental lessons during the following time allocations.

- 8.00 - 9.00am
- 11.00 - 5.00pm

All Instrumental teachers have been advised of these changes and all necessary adjustments will be made by Monday 6 May so that all lessons can begin from the above times.

Please know that I have considered these changes at length and have always been a huge advocate of the Instrumental Program, hence my wanting to make this work for everyone concerned. However, my primary responsibility is to ensure that our students and staff are given uninterrupted time to ensure that literacy and numeracy standards are being met. I am sure as parents you can all understand this.

Trivia Night - All welcome!



Our P & F community are coordinating a Trivia Night on Saturday 4 May from 7.00pm. All community members are invited to come along and enjoy a wonderful evening. Tickets are \$25 and available for purchase on CDF Pay. Registrations are to be sent to Nicole Emmerson – bnemmerson@hotmail.com by 28 April.

2025 Enrolment Process

Applications are called from parents wishing to enrol children in Foundation (Prep) and other classes at St. Francis of the Fields Primary School for the 2025 school year. Children may be enrolled to start school in February of the year in which they turn five, provided their birthday is on or before 30 April.

Applications can be dropped into the school office or alternatively emailed to office@sfstrathfieldsaye.catholic.edu.au (please note we will always reply upon receipt of your application email). If you do not receive a confirmation of your application email please contact the school office on 54393191.

School Open Week

- April 29th - May 3rd (9.00 - 3.20pm) Student led tours.

Principal Learning Tours

- Monday 29th April, 2024 @ 5.00pm. Meet at the office.
- Tuesday 30th April, 2024 @ 9.30am. Meet at the office.
- Wednesday 1st May, 2024 @ 12.30pm. Meet at the office.



Parent Information Evening

- Thursday 2 May @ 7.30 pm in the school basketball stadium

If unable to attend our School Open week, please feel free to make an appointment to view our excellent teaching and learning environment. St. Francis of the Fields Primary School will be open from 8.30am to 5.00pm most days for any interested members of the public.

Parents are advised that enrolments close on Friday 24 May 2024 at 4.00pm.

Enquiries: School Office (03) 5439 3191

See our website www.sfstrathfieldsaye.catholic.edu.au for our Information Booklet and enrolment application forms.

Please note the following dates:

- Monday 15 April 2025 Enrolment's Open
- Friday 24 May **Closing date** for 2025 Enrolments
- Friday 7 June **Enrolment offers** made to all Bendigo Primary students
- Friday 21 June Bendigo parents must **accept/decline enrolments** by this day. Enrolment positions will be re-allocated if not accepted by this date.

Bendigo parents must **accept/decline enrolments** by this day. Enrolment positions will be re-allocated if not accepted by this date.

P & F Meeting – Thursday 9 May @ 7.30pm

We will hold our P & F meeting on Thursday 9 May at 7.30pm in our staffroom. The P & F committee does an amazing job of fundraising for our school, so that we can purchase resources for our students. All parents are welcome to attend. We look forward to seeing our existing members along with some new faces next week.



Term 2 Dates

Thursday 25 April	ANZAC Day
Friday 26 April	Pupil Free Day (Staff spirituality day with Bishop Shane, Kate Fogarty & Fr. Jake Mudge)
29 April - 3 May	School Open Week for 2025 enrolments
Monday 10 June	King's Birthday Holiday

Assembly

6R will lead our next school assembly on **Friday 19 April from 2.45pm** in the Shed. All parents, grandparents and guardians are most welcome to attend.

Shed Unavailability –

Please note, the 'Shed' will be unavailable for training use on the following dates in Term 1:

- Thursday 9 May** - Mother's Day Mass set up
- Monday 13 May – Sunday 2 June** – Deb Balls

UNAVAILABLE

Christ has no hands but yours.

Tim Moloney
Principal



Be your Best
Be Safe
Respect for All
Respect for Environment

Learning to take on Challenges Happy Families - written by James Anderson



How's your relationship with challenge?

Challenges are the pathway to growth. When our children habitually avoid challenges, their learning stalls. When they learn to understand, value and embrace challenges, their learning accelerates. So helping our children develop a healthy relationship with challenges becomes one of the most important ways we can help them become better learners.

How does your child respond to a challenge?

Does your child avoid a challenge, seeking their "path of least resistance" in learning?

Or do they select the challenges they know they can do? Looking like they are working hard, but secretly avoiding mistakes by not taking on anything too challenging?

Maybe your child takes on challenges because the teacher tells them to. They follow the teacher's instructions and are lead through challenging tasks.

Perhaps your child takes on challenges because they need to. They have something they want to achieve, a goal in mind. Their relationship with challenge is born out necessity so they can reach their goal.

But imagine if your child embraced challenges. In the spirit of JFK when he said "We do these things, not because they are easy, but *because they are hard!*" Imagine when they were given the choice of doing something hard, or something easy, they'd choose the more challenging task, because they understood that challenge is the pathway to growth.

Becoming a Skilful Learner

How our children respond to challenges is a key element of what I call *Learnership*[™] - the skill of learning. Learnership is a skill developed over time. It helps our children (and us!) to get more out of every learning opportunity. Most importantly, Learnership is something we can teach our children that helps them to thrive both in school and life.

As parents we can help our children on the path to becoming better learners, by helping them develop a healthier and more productive relationship with challenge.

Comfort Zone V's Learning Zone. What's the Difference?

The first step in helping your child develop a healthy relationship with challenge is to teach them the difference between their Comfort Zone and their Learning Zone

We've all heard that we need to get outside our comfort zone and challenge ourselves. But how many of our children truly understand what that means?

For many people, getting outside their comfort zone means trying something new. But something new, isn't always something challenging. Very often "new" is simply an "easy thing we haven't done yet". There is little struggle involved in this type of challenge, it comes with a great deal of certainty, and confidence that we'll succeed. These challenges feel more like a task. They keep us busy, but they don't help us get better. These types of challenges are in our Comfort Zone.

To be truly challenged our children need to stretch themselves beyond their current abilities. These types of challenge feel like a problem. Unlike a task where the path to completion is easily recognised, the solution to this challenge is not immediately apparent. They leave us feeling uncertain, and they involve struggle. The challenge feels "hard". When our child feels like this, it's a good sign they are in their Learning Zone.

Being in your Learning Zone feels uncomfortable. When our children find themselves in the Learning Zone, their first reaction is often to get out of it. Suddenly anything else seems like a more attractive option. They look for distractions, seek out easy options or adopt any number of avoidance strategies.

Struggle is temporary

It's important to help our children recognise that the feeling of struggle and discomfort that comes with being in their learning zone is temporary. It passes. Many children believe if they are struggling now, then the next step in learning will involve *even more* struggle. They believe that the further they go, the more uncomfortable they'll feel. So naturally, they turn away from further struggle.

The reality is that effort is the currency of growth and struggle is the price we pay for that growth. The reward is that what we experienced as hard today, becomes easy tomorrow. It doesn't get harder and harder and harder. It's hard, then it's easy. Then they move on, and the next step is also hard, until they make that easy. Being in the Learning Zone, and experiencing the struggle that comes with it, is not only a normal part of learning, but also an essential part of growth.

Parenting for more skilful learners

As parents we have an important role in helping our children become more skilful learners. This begins by helping them develop a healthy relationship with challenge. By teaching them that effort is the cost of growth, and normalising the struggle that comes from being in their Learning Zone, we help them become "comfortably uncomfortable" with challenge, and put them on a path of continuous growth.

Regards,

Grace Scalora
Deputy Principal - Pastoral Wellbeing.



RE News...

Project Compassion – Caritas Ks

Caritas Australia would like to **THANK YOU** for supporting Project Compassion 2024. If you still have your Project Compassion box or set of envelopes at home, please bring them back next week or visit caritas.org.au/project-compassion and donate online.

Your generosity will empower the world's most vulnerable communities to grow stronger and lift themselves out of poverty.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow, **for all future generations.**

We currently have \$4 860 raised online and received \$660 in our Project Compassion Boxes. Please, if able, continue to support Project Compassion and our Caritas Ks at our [St Francis of the Fields Fundraising Page](#) or use the QR Code as we work towards reaching our fundraising goal of **\$6500**. Our fundraising website is still live and available for the remainder of Term 2. **Thank you!**





ANZAC Day

Next Thursday 25 April we commemorate Anzac Day. We pray for all those who have given their lives in wars and conflicts so that we can enjoy peace and freedom. Let us remember that peace in the world begins with each one of us choosing to live the message of Jesus – the Gospel message of love and harmony.

St Francis of the Fields will be represented by two of our Year 6 leaders at the Bendigo RSL's ANZAC Day Commemorative Service. Our school leaders will lay a wreath on behalf of our community to pay our respects to those who have died in wars and conflicts to ensure our freedom.

Students will commemorate ANZAC Day in their classes and at school assembly.

We especially remember those around the world who are suffering the horrors and destruction of war at this present time.

Let us pray...

*Loving God,
our hearts are full of gratitude
to those who have given their lives in times of war and conflict.
Through the example of Jesus,
may we live the Gospel message of peace and love
in our words and deeds to live in harmony and unity with each other.
May we have peace in our hearts, families, communities and in our world.
We make our prayer in Jesus' name.
AMEN*



RSL Anzac Day Appeal badges, wristbands and pins are available to purchase from the school office. Prices vary from \$2 to \$5. Cash only please.



Mother's Day Mass - Friday 10 May @ 9:15am

This year our Years 3, 5 and 6 students will attend the Mother's Day Mass on Friday 10 May at 9:15am (**Year 4 students will be at camp**). We will also have a breakfast at 8am to celebrate our mothers and those people who are like mothers in our lives – all mothers are invited to our breakfast and Mass.

Our Years 3, 5 and 6 children will be helping to lead our liturgy with Fr Jake as our celebrant and our Year 5 students will be celebrating these special people in our lives with a song.

The Foundation and Years 1 and 2 students will help to lead our Father's Day Mass.

[Please RSVP if you would like to join us for breakfast using this form by Friday 26 April.](#)

A graphic for Mother's Day Mass & Breakfast. It features a pink background with a white cross and a small gift box tied with a pink ribbon. The text reads: "Mother's Day Mass & Breakfast Years 3-6 Friday 10 May". Below this, it lists: "• Breakfast - 8:00am" and "• Mass - 9:15am". At the bottom, it says "We invite you to our Mother's Day Mass" and "St Francis of the Fields' Primary School".

Mother's Day Mass & Breakfast
Years 3-6
Friday 10 May

- Breakfast - 8:00am
- Mass - 9:15am

We invite you to our Mother's Day Mass

St Francis of the Fields' Primary School

Bendigo Winter Night Shelter

Bendigo Winter Night Shelter (BWNS) works with local churches, community groups, businesses and individuals to provide support for people (our guests) who are experiencing crisis homelessness during winter in the Bendigo area. The shelter is always at the Scout Camp in Spring Gully.



They are a 100% volunteer organisation. The volunteers are people who have a desire to work towards Bendigo Winter Night Shelter's mission of supporting churches and the community to provide shelter, food and dignity to people experiencing homelessness. While behind the scenes, BWNS will be working to connect guests with services and organisations to help them on their journey.

The Parish of St Therese's Kennington is providing support in 2024. The St Francis of the Fields school community will once again support the BWNS. During winter we will provide meals, serve and clean up after dinner.

We would love our families to be a part of this parish initiative. If you would like to support the 2024 BWNS, please contact Lisa Hitchcock - lhitchcock@sfstrathfieldsaye.catholic.edu.au or phone the school by **Wednesday 24 April** and indicate how you would like to be involved - provide a meal or serve the meal. If you would like any further information please contact Lisa. Thank you!

Fr Andrew Parish Farewell



Save The Date! The Parish Farewell Planning committee would like to advise the FINAL Parish Farewell for Fr Andrew will be upon his return from his Sabbatical. A light BBQ lunch to be provided by the Parish following the 10.30am Mass at St Therese's on Sunday 19 May (estimated start 11.30am). All are welcome to come along and give thanks to Fr Andrew for the 12 years of support and guidance for our parish, and to bid him a final farewell.

Please RSVP by Friday 3 May for catering purposes by one of the following methods. You may contact the parish office to register your intention to attend either in person, by calling ' 5443 3337 or by email kennington@sandhurst.catholic.org.au. There are also sign-up sheets available at all churches over the next few weekends. More details will be made available closer to the date, so please stay tuned. Event details will also be published on the St Therese's Parish Facebook page @sttheresesparishkennington.

Lisa Hitchcock
Catholic Identity Leader

PE News...

Upcoming Sporting Dates

- State Swimming Championships- MSAC Melbourne - 19th April - **GOOD LUCK JOSH RODDA!!**
- Division Cross Country - 1st May
- Region Cross Country - St Arnaud- 28th May
- Palmers Gymnastics (Foundation) - 5th, 12th, 19th, 26th June
- Palmers Gymnastics (Year 1 & Year 2) - 6th, 13th, 20th, 27th June

Cross Country

Today we held our whole school Cross Country and after a tricky start for our year 6 boys, the event ran really smoothly. Every child that competed contributed to the house point results and Francis (green house) came up trumps for 2024. It was great to have the majority of our children turn up and give it their best! We had smiles, laughs, grimaces, great demonstrations of sportsmanship and lots of high fives! It's not always about being THE BEST but doing your best and that's what we saw. A+ for effort and attitude! We're incredibly proud of all of our children that competed.

Well done to all the students that took part in our school Cross Country, and all the very best to our students competing at the Divisional event on Wednesday 1st May.

House Point Results

Green (Francis): 210

Blue (Bacchus): 200

Yellow (Clare): 176

Red (MacKillop): 173

Age Groups Champions and Top 3 Results:

12/13 year boys:

- 1st- Solly Baker & **RECORD**
- 2nd- Hamish Baker
- 3rd- Will Shadbolt

12/13 year girls:

- 1st- Zara Grieve & **RECORD**
- 2nd- Macey Nielsen
- 3rd- Maggie Millar

11 year boys:

- 1st- Lenny Anderson
- 2nd- Elliot Kelly
- 3rd- Jaxon Blacker

11 year girls:

- 1st- Milanke Haasbroek & **RECORD**
- 2nd- Lyla Edwards
- 3rd- Makayla Jackson

10 year boys:

- 1st- Max Nielson & **RECORD**
- 2nd- Quade Baker
- 3rd- Nash McMaster

10 year girls:

- 1st- Lotti Childs
- 2nd- Poppy Baker
- 3rd- Eadie Willis

9 year boys:

- 1st- Brodie Murphy
- 2nd- Will Campbell
- 3rd- Toby Chandra Thio

9 year girls:

- 1st- Airlie Intamanon & **RECORD**
- 2nd- Ada Emerson
- 3rd- Hannah Millar

8 year boys:

- 1st- Gus Arundell & **RECORD**
- 2nd- Jack Mummery
- 3rd- Seb Rodda

8 year girls:

- 1st- Hazel McDermott
- 2nd- Fleur Muling
- 3rd- Elliette Foster

7 year boys:

- 1st- Leo Mangan
- 2nd- Kade Jones
- 3rd- Harry Brown

7 year girls:

- 1st- Sophie Coultas & **RECORD**
- 2nd- Maddie Edgely
- 3rd- Winter- Rose Kellow

5/6 year boys:

- 1st- Caleb Murphy & **RECORD**
- 2nd- Harry Coad
- 3rd- Louis Dubyna

5/6 year girls:

- 1st- Sienna Mangan
- 2nd- Sailor Davies
- 3rd- Arabella Chapman

A very big congratulations to our age group champions.

Cross Country Preparation

This will continue throughout term 2 and as our successful year 4-6 students progress through the competitions (divisional, regional and state cross country) we will have more targeted sessions to help prepare these students. However, any student is still welcome to join, they don't have to be competing at these school competitions to come along.

Students are encouraged to check the PE notice board outside the shed for days and times.

New Auskick Coordinator

Thank you Zoe-Anna Hctor for stepping up to take on the role of Auskick coordinator for 2024. We've heard it all before, but without volunteers these programs just can't take place. We very much appreciate you doing this for our students, the school and the community.

If you haven't signed up, please use this flyer attached. It all kicks off Tuesday 30th April at 3.45pm, here at St Francis.



Dragon Mile

Over the Easter weekend, we had many students compete in the Dragon Mile. Congratulations to all the students that lined up and gave it their best!

Results

Mini Mile Girls - Year 4 and under

Airlie Intamanon 4th
Ada Emmerson 8th



Mini Mile Boys - Year 4 and under

Max Nielsen 2nd
Gus Arundell 6th
Billy Harrop 14th
Jed Arundell 36th

Primary Boys - Year 5 & 6

Tommy Harrop 5th
Archie Intamanon 8th

Primary Girls - Year 5 & 6

Macey Nielsen 13th
Greta Pollock 20th
Lucy Pollock 24th



2024 Petstock Equestrian Victoria Interschool State Championships

On the holidays I represented St Francis at the 2024 Petstock Equestrian Victoria Interschool State Championships. I competed on two horses Maxi and Angus in dressage and showing, I was lucky enough to win two championships, a reserve champion and a first place in my rider in the primary open show horse.

As a result I have been chosen to represent Victoria in the Australian Interschool National Championships which will be held in Tamworth in the September school holidays.

Lily Diss 6R



Basketball Victoria Under 12 Junior Country Championships

There were 40 girls and 48 boys teams from across the state with a number of St Francis students representing the Bendigo Braves Division 1 teams.

The girls made it all the way to the semi-final losing by 4 points whilst the boys lost the quarter finals to the eventual champions.

Girls

- Emerson Arundell
- Elsie Bennallack
- Milanke Haasbroek
- Chloe McSwain
- Darcy Rodda
- Eden Rog



Boys

- Lenny Anderson
- Jaxon Blacker
- River Davies (Injured)
- Archie Dickson
- Darcy Kanzamar
- Asher Mitchell
- Jude Place



Gemma Short and Poppy Baker also got to step up and fill in for the Div 1 teams.

How exciting for St Francis to have so many talented players.

Congratulations to all involved!

PE Awards

Each assembly week, we present a tuckshop award.

The criteria for receiving these awards is very straightforward. Students demonstrating outstanding sportsmanship, effort and attitude will be the prime candidates for these awards.

Congratulations: Sebastian Rodda & Louie Dubyna

You will receive your award at the next assembly!

Sporting News:

Parents, if you news that should be shared in the newsletter, please let me know by emailing dcoates@sfstrathfieldsaye.catholic.edu.au

Danielle Coates & Shannon Baird

PE Coordinators

Performing Arts News...

Meet the Choir

Welcome to our newest members of Choir for 2024, Terms 1 and 2. It is exciting to have so many excited and friendly faces joining our community. Choir rehearsals run every Thursday after lunch at no cost, for students in grades 4-6 who choose to join. Look out for these smiling faces at performances soon!



Rock Band's - First Gig

Many students, parents and teachers rocked out with the school's rock bands to finish off term 1. On the last day of term, at lunch, our four school rock bands each performed a song for a big crowd! For their first performances of the year, the students were so well rehearsed and had everyone clapping and dancing along. Thanks to Min, Sam and Sean for organising such a fabulous event, and thanks to the rock bands for all their hard work and rock star energy!



Upcoming Music Dates

Mother's Day Mass	Friday 10 May	Grade 5 Performance
Bendigo Choir Competition	Wednesday 22 May @ Ulumbarra Theatre	Choir students
Feast of the Sacred Heart	Friday 7 June	Choir students

Performing Arts news:

If you know of any events or student achievements we can share in the newsletter, please share with Mrs C by emailing kcameron@sfstrathfieldsaye.catholic.edu.au

Kiara Cameron
Music teacher

Oasis News.....

Chooks Wanted

Over the school holidays, our chooks disappeared. We aren't sure where they went so if you have any information on this please let us know.

In the meantime, we are seeking another lot of chickens that we can care for. We are happy to pay if necessary, but if you know of any chickens who would like a new home, please let Matt Butcher know in the OASIS room. We are happy to take any breed, as eggs aren't that important to us, but only 1 rooster will be enough.



Science News...



Grade 5

The Grade 5's have been learning about our Solar System. They have taken a specific interest in the planets. In pairs they have researched a planet and from their new knowledge students constructed a planet bath bomb to replicate their planet. In Grade 5, we'll start this term's science learning off by exploding the bombs. At the same time we'll also delve into the reasons for how a bath bomb actually works.

Your trash is our treasure!

Please keep sending anything you think might be handy. Reminder - please don't purchase anything, we are just after items you no longer need. We are still on the hunt for:

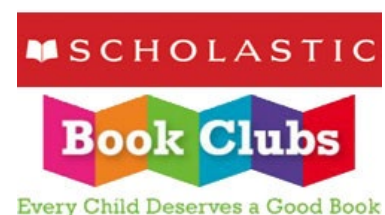
- film canisters and empty plastic soft drink bottles.
- gift boxes
- corrugated cardboard and interesting packaging material - packing beans, polystyrene bits, cardboard etc
- gloves - wool, ski, gardening, evening, rubber, latex, fire-fighting, butcher (or anything else occupation specific), riding gloves and oven mitts.
- golf balls
- Sinkers and rubber ducks
- towels and tea towels, rags
- unloved toys that pull, toy boats, marbles, small race cars, and a wagon
- any bits and bobs and craft pieces

Many thanks,
Jess Widdicombe & Emma Jensen
Science Teachers



Scholastic Book Club

The issue 3 catalogues for Book Club were sent home this week. All orders must be placed using the LOOP ordering system. Orders will close on **Friday 3rd May**.





Peaceful Parents

4 WEEK PARENT WORKSHOP

The Peaceful Parents 4 week workshop is a Mindfulness & Positive Psychology based parenting program to increase resilience in primary aged children.

'Peaceful Parents' is a strength based parenting workshop that is engaging, practical and supportive for parents. It helps parents build on their parenting strengths to build resilient and calm kids.

Parents learn

Resilience building exercises & strategies

Mindfulness strategies to keep stress levels low

Mindful listening & responding

Positive psychology strategies to boost wellbeing

Techniques to help their child lessen worrying

Effective coping strategies

How to help children manage their feelings

How to help their child problem solve difficulties

How to create healthy thinking habits

Workshop runs over 4 sessions on the dates and times listed below.

A commitment to attend all 4 sessions is required as these are not separate workshops.


Maximum of 12 parents
All parents & carers welcome

Please note that is a 4 week educational course for parents and not a counselling course or a course on behaviour management for children.

These workshops will be running on **Mondays** in May, beginning **6th May**. Our options for session times are: 9.15am – 11.15am, 1.15pm – 3.15pm or 7 – 9pm. Please indicate which time you prefer when booking.

We will only offer one session time, which will be the time that suits most participants. Each session will run for about 2 hours.

For bookings, please email moconnor@sfstrathfieldsaye.catholic.edu.au by **Friday 3rd May**

ST FRANCIS OF THE FIELDS 

MUSIC TRIVIA

SATURDAY MAY 4TH

7pm for a 7.30pm start
Tickets are \$25 and
available for purchase
via CDF pay


Submit registration form (1 per table)
to bnemmerson@hotmail.com by April 28.

Prizes, memorabilia, best
dressed table and more!!

6-8 per table, single tickets
welcome and we will put you
with a group.

Please click on this link to read the details for the event and to download the Registration form:

[Trivia Night Registration Form 2024](#)




STRATHDALE HOCKEY

COME GIVE HOCKEY A GO!

COME DOWN AND GIVE IT A TRY!
EVERY THURSDAY NIGHT
@ HOCKEY CENTRE ON ASHLEY STREET, IRONBARK
JUNIORS - 5:45-6:45PM
SENIORS - 7-8PM

FOR ANY ENQUIRES PLEASE
EMAIL: strathdalehc@gmail.com



Looking towards 2024 Term 3

PROPS THEATRE

@propstheatre @ f

Stage One for 5 - 8 years
Stage Two for 9 - 12 years

LOCATION

82A Mitchell Street Studio
www.propstheatre.com.au
Enrolments OPEN

SCAN ME



come find your awesome

ST FRANCIS AUSKICK CENTRE
St. Francis School Oval
Tuesdays 3:45pm
starting 30th April

play.afl/auskick



HOME GAME



BENDIGO STRIKERS VS **BOROONDARA EXPRESS**

Ruby Turner Ruby Barkmeyer

red energy arena

ROUND 8

SUNDAY 28 APRIL
23 & UNDER 2:00PM
CHAMPIONSHIP 3:30PM

TICKETS ON SALE NOW AT TICKETEK



A Guide to Navigating Puberty: Parents & Caregivers

Bendigo Community Health Services invites all parents and caregivers in the City of Greater Bendigo to our puberty education evening.

When: 6.30pm, Wednesday 8th May
Light supper provided

Where: Quarry Hill Primary School
25 Peel Street, Quarry Hill

Scan the QR code below for registrations
or more information:

