



ST. FRANCIS OF THE FIELDS

Newsletter No. 17 – October 21, 2021

(Term 4 – Week 3)

The Jaara people are the traditional custodians of the land on which we live. They have lived here for thousands of years. We commit to working for Reconciliation and justice for all Aboriginal people and to learning more about the Jaara

“To Live, Learn and Grow in God’s Love”

Reminders

Summer uniform must now be worn

Hats are now required

Thursday 21 Oct

- ☐ Yr 5 & 6 attend
- ☐ NO Tuckshop

Friday 22 Oct

- ☐ All students to attend
- ☐ Scholastic Book Club Issue #7 orders due

Wednesday 27 Oct

- ☐ **Bendigo Cup Day**
- Holiday**

Tuesday 2 Nov

- ☐ Melbourne Cup Day

Wednesday 10 Nov

- ☐ Remembrance Day

Thursday 18 Nov

- ☐ P&F Meeting 7.30pm

Monday 22 Nov

- ☐ **Pupil Free Day** – Report Writing Day

Tuesday 23 Nov

- ☐ **Pupil Free Day** – 2022 Planning Day

Wednesday 1 Dec

- ☐ School Advisory Council Meeting

Tuesday 7 Dec

- ☐ Whole School Orientation Day

Friday 10 Dec

- ☐ St Francis RAINBOW RUN



Tuckshop 2021 – Term 4

(No parents helpers allowed as yet)

Week 3

Friday 22 October

Week 4

Thursday 28 October

Friday 29 October

Week 5

Thursday 4 November

Friday 5 November

Week 5

Thursday 4 November

Friday 5 November

Weekend Maintenance

23-24 Oct Cody (5D), Rodda (1C),
Shelton (1SA), Carroll (4Z)

30-31 Oct Grinton (Fdn M), Mason (1R),
Marshall (4JM), Burns (4Z)



“True progress quietly and persistently moves along without notice.”

St Francis of Assisi



Dear Families,

Sometimes we complicate prayer. At its heart, prayer is about conversation with God. Sometimes when we talk to friends, we have very long, in-depth discussions. Sometimes we have the simplest and shortest of chats. So it is in our relationship with God. Prayer can be just a few sentences to God, or even just a few words.

When Stephen, one of the early disciples of Christ, was martyred for his faith, the bible records him uttering just five words:

“Lord Jesus, receive my spirit!” (Acts 7:59)

I share with you another **Simple prayer for healing...**

Father in Heaven

*I ask for your gentle touch upon my life
that your healing hands may hold me.*

Lift me up, restore me

that I may know your hand is upon my life

I trust you.

Amen



Covid update

ALL students return tomorrow!

**COVID-19
UPDATE**

Thankfully all students return to onsite learning tomorrow - Friday 22 October!! All staff are really looking forward to the return of all students. If you have children that may be feeling anxious please email your class teacher with this information and perhaps a few techniques that may help to alleviate this anxiety.

Masks

All teachers will be wearing masks whilst at school, though may need to take the mask off while teaching.

All Year 3-6 children are encouraged to wear masks in accordance with the Chief Health Officers regulations. If children from P-2 would like to wear masks they are most welcome to do so.



I have shared with staff a social story about mask wearing (thanks Anna Grieve) that may help our younger children understand why we are wearing masks - if you would like a copy please email your teacher.



If unwell - stay home

We continue to ask parents to ensure that children with covid-like symptoms stay at home and to be tested. This will ensure our students, staff and parents remain as safe as possible.

Impact of covid on schools

Covid has affected our schools in many ways. Like all workforces if a teacher has any covid symptoms they must be tested and isolate until the test results return.

In addition to this a number of Bendigo schools have had staff quarantine for 14 days. This means emergency teachers are in short supply.

If major shortages continue we may be required to move some children into other classes of the same year level for that day.

Facilities Update

School Oval

The new sprinkler system will begin to be installed from Monday 25 October - this will mean that the oval will not be able to be used by students or community groups in the coming weeks and months.



Summer Uniform



All children will need to be in their full summer uniform for the start of the third week of Term 4 (Monday 18 Oct). Please note, as part of enrolling your child at St Francis of the Fields P.S. it is expected that all children will wear the prescribed school uniform.

Please note that all students and teachers must wear hats when outside at recess and lunch, and during sporting activities.

Class Placements 2022

Our staff will be working on Class Lists for 2022. There are many factors to consider in this process. Teachers spend many hours to ensure your child is placed in the best learning environment possible. Any requests for class placement must be based on educative reasons and must be put in writing and given to the Principal no later than **Friday 22 October**. Rather than ask for specific teachers, parents are requested to write down the type of teacher skills that would benefit their child.

Please note that not all requests can be honored.

Tuckshop

Now that all students will return to onsite learning, lunch orders will be able to be ordered each Thursday and Friday from the tuckshop.



I do want to acknowledge the wonderful work of Fiona Thompson, Donna Stebbins and Deb Schintler who have continued to cook casseroles and meals for our families in need throughout the school year. Thanks also to Maree O'Connor who continues to deliver these meals to families in need in such a caring manner.

Bendigo Cup Holiday

Please note that school will be closed on **Wednesday 27 October** for the Bendigo Cup. I hope you pick a winner!

Christ has no hands but yours.

Tim Moloney
Principal



Facts about first-borns that you may not know

Theme: Siblings
By Michael Grose



First-borns may not always rule the world, but with families shrinking first-borns are now a force to be reckoned with in sheer numbers. Parents have always known that eldest children like to rule the roost, but there's so much more to know about first-borns. Here are some evidence-backed and observational facts about first-borns that shape how you parent, teach and coach this fascinating group.

First-borns are ground breakers

First born children take parents into new ground at every developmental stage. The first-born child introduces parents to infancy, early childhood and every other developmental stage. They also introduce parents to pre-school, primary school, secondary school and life beyond the education system. Every subsequent child in a family should thank their eldest sibling for breaking their parents in for them.

Being born first brings privileges

First born children are born into a privileged position. Living in the spotlight they generally get piles of attention from parents, grandparents and a host of other relatives and family friends. First-borns spend more of their early time around adults and learn more from adults than subsequent children in the family. Spending more time around parents assists their language development as the interaction during one-on-one time with a first-born lends itself to high quality language development.

Being born also brings pressures

The flipside for first-borns is that they tend to live with pressure. The expectations on firstborns to perform and live up to the family name are immense. In fact, the expectations can be so high that many first-borns, particularly boys, are afraid of making mistakes and errors of any kind.

Eldests are the family conservatives

First born children are most likely children in a family to follow the dominant employment and lifestyle path displayed by parents. If parents are from professions such as education, medicine or finances the eldest child is likely to follow the pathway of their parents.

First-borns are achievement-oriented

First-borns tend to drive themselves hard to achieve in whatever path they choose. This reflects their desire for parental approval, which never really disappears even in adulthood. First-borns are overrepresented in many lists of leaders including US presidents and corporate business leaders. This group are typically goal-setters, list-makers and highly organised, which are all behaviours designed to achieve success.

First-borns are more likely to be conscientious

Eldest children and young people score higher on conscientiousness than children in any other position in psychological testing. This trait compliments other first-born characteristics such as reliability, responsibility and dependability.

First-borns are more likely to be introverts

On the extroversion-introversion scale, first-borns generally score higher in introversion than any other birth order position. The early years play a significant part in shaping personality preferences. Being born last in a family usually makes time alone a rarity, while eldest children spend a great deal of time on their own well into toddlerhood and beyond.

Not all eldests take on first born traits

First born traits such as achievement-orientation, responsibility and family conservatism are sometimes seen in second born children.

First-borns are more anxiety-prone

First-borns may be the recipients of greater parental investment than later borns, but that doesn't necessarily guarantee them good mental health. Research conducted for the book *Anxious Kids* revealed that a high proportion of first-borns experienced anxiety at a critical level than children in other birth order positions. This is no coincidence as firstborns live with greater anxiety-inducing parental pressure than children born in other positions. However, when you add a tendency for perfectionism, and the achievement-orientation that comes with the territory, children in this birth order position need to work hard to maintain good mental health.

First-borns are the rule keepers and makers

First born children value authority more than any other cohort, perhaps because they were born into a position of authority over their siblings. This group will generally keep to the rules, routines and structures of both family and school-life, which is welcomed by most parents. They also like to remind their siblings of the rules of just about everything, which can be infuriating for younger children.

In closing

Effective parents work with the differences in children rather than use a 'one size fits all' approach. Understanding how first-borns tick helps parents and teachers adapt their approaches to suit the psychology of this fascinating group.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Regards,
Grace Scalora
Deputy Principal - Pastoral Wellbeing



RE News....

Catholic Missions Fundraiser Socktober

Socktober for Mission Month encourages students across Australia to make a difference in the lives of vulnerable children. Students at St Francis **can wear their favourite or craziest socks on Friday 5 November. Please bring a gold coin donation to support this cause.**



Catholic Mission, as the Australian agency of the Pontifical Mission Societies, contributes funding and provides project support to critical church-run initiatives in Africa, Asia, Oceania and South America as well as remote dioceses within Australia. Grassroots needs are identified by local Catholics, to give people the opportunity for a full, enriched life - physically and spiritually - regardless of race, stigma, religion or gender.

Pope Francis' Prayer for the Missionary Month of October

*Lord Jesus Christ,
who calls us to be apostles of your mission,
We come today to offer you our lives, what we are and what we have.
We want to work with you in your mission of compassion,
be faithful to the missionary vocation received in baptism,
allowing ourselves to be led by the Holy Spirit.
Help us to be living witnesses of your Gospel,
celebrating the life that we receive in You;
going out of ourselves to encounter our brothers and sisters.
Receive our will to be open to serve with others for your Father's Kingdom.
Amen.*

~~~~~

### Sacramental Program Reconciliation

The Parish Sacramental Program for Reconciliation commenced this week with the Online Parent Information Night on Tuesday. The students will begin their preparation for the Sacrament of Reconciliation at school and home in Week 4. Thank you to our Year 2 for their generous support in helping to prepare the children at school.



Please keep these children and their families in your prayers as they continue their Sacramental journey supported by our faith community.

If you would like your child to participate in the Sacramental Program please email Kristy Ryan - [stsacraments@gmail.com](mailto:stsacraments@gmail.com) or Lisa Hitchcock - [lhitchcock@sfstrathfieldsaye.catholic.edu.au](mailto:lhitchcock@sfstrathfieldsaye.catholic.edu.au)

~~~~~

All Saints Day

On Monday, 1 November we celebrate the feast of All Saints and we remember the many good men and women who followed Jesus' way by living lives of service. They cared for those in need and put others first before themselves. They lived the true message of the Gospel. The saints were people like us who knew and lived this truth in everyday life. They believed it wholeheartedly – in the depths of their being.



Inspired by the lives of St Francis of Assisi, St Mary of the Cross MacKillop and the many Saints, we pray that we too, follow the life of Jesus and look to the needs of others first.

Loving God,

in your Son, Jesus, we have the perfect model of servanthood. Help us to follow his example and be willing to open our hearts to those around us.

May we be inspired by the lives of many good men and women, past and present, whose actions were guided by the Spirit. Help us to show compassion, justice and love to those who need our help.

We ask this prayer in Jesus' name.

Amen

~~~~~

## **All Souls Day**

On Tuesday 2 November, we celebrate All Souls Day. Christians from early times recall, on this Feast of All Souls, those we love who have died. We remember all who are part of the Church – those who have died and are with God, and those of us still here on earth. We especially remember those who have lost loved ones over these past two years, and they may not have been able to celebrate the lives of those they have lost in a way that is helpful during their time of grief.

At St Francis of the Fields, we usually gather around the time of the Feast of All Souls Day, as a community to remember all those we know whom we have loved and who have died. With the current COVID restrictions, we are not able to gather at this time. Our school community will take time to pray and remember those we have lost in our classrooms. We hope to be able to gather together as a community at a later time. We ask God to bring us comfort and peace through the love and support of family and friends.



*All-embracing God,*

*you welcome us into the communion of heaven and earth and sustain us by your Spirit. On the Feast of All Souls Day, comfort all who grieve, and assure us of your abiding presence.*

*Grace us, your community, to value life's gifts, mirror your tender care, and ensure the flourishing of all creation.*

*We ask this in the name of Christ.*

*Amen*

Lisa Hitchcock

**Catholic Identity Leader**

---

## **PE News...**

### **Fdn – Yr 2 Athletics Sports**

We are very sad to inform you that the Junior Athletics morning scheduled for Friday 29 Oct, will no longer be going ahead. This won't stop the students from being exposed to athletics skills and technique in their PE lessons.



## Children's Chatter Matters!

Language Learning activities to have a go at home.



### FOCUS: Building longer and more complex sentences

Ten activities will be provided over Term 3 to help your child think a little bit deeper about the world around them and to use longer and more complex sentences. Expanding your child's oral language use will lead to significant improvements in their writing also. You may need to adjust the activity to suit your child's level:

**1.** Before reading a story with your child, you could use one of these trigger phrases to improve the complexity of your child's language. Model the entire phrase initially then gradually encourage your child to say the longer sentence by him/herself.

- I think this story might be about a ..... because .....
- The picture on the front makes me think about .....
- I wonder if .....
- I think I'll enjoy this book because .....
- I don't think I'll like this book because .....



While reading a story with your child, you could use one of these trigger phrases to improve the complexity of your child's language. Model the entire phrase initially then gradually encourage your child to say the longer sentence by him/herself.

- I didn't think that would happen because .....
- I wonder if .....
- I didn't/did like it when .....
- At the end of the story I hope that the .....
- If I was that character I would make/feel .....



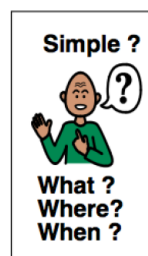
After reading a story with your child, you could use one of these trigger phrases to improve the complexity of your child's language. Model the entire phrase initially then gradually encourage your child to say the longer sentence by him/herself.

- I couldn't believe it when .....
- While I was listening to the story I thought about .....
- A better ending to the story would have been .....
- If I was the author of this book I would have .....
- This story reminds me of .....
- My favourite part was when .....



**2.** For every simple question you ask your child, ask two *complex* ones. You can even do this while watching television or when they're playing computer games. For example;

- Simple question: What game are you playing? (This only requires a one word answer)
- Complex questions: Tell me how can get to the next level? What do would you do if that happened to you?, Why did you make that move?



Remember: "Just because" is not an acceptable answer.

**3.** Encourage your child to use a range of 'openers' when starting a conversation or getting your attention (rather than just 'Muuummmm':

e.g. I've just had the best idea..      The strangest thing just happened..  
I would like to add..      Would the best parent in the world please...

Mum, unfortunately..  
I'm wondering..

You might respond quicker when you hear a different one!

## P&F News...

### Rainbow Run – Friday 10th December



Rainbow Run booklets will be coming home this week. All money raised will go towards resurfacing the shed floor. (Target \$20,000) Follow the information in the booklet and register your child

at [myprofilepage.com.au](http://myprofilepage.com.au)



Fundraising opens from now and needs to be completed by 26th November.

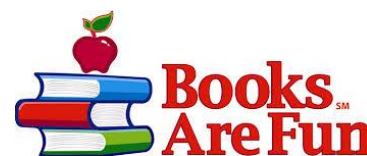
The rainbow run will take place at school on the 10th December, Each child will get a headband and sunglasses on the day.

## Scholastic Books

Orders for Issue #7 are due by tomorrow – **Friday 22 Oct.** If you are ordering presents and you would like your books to be left at the office for collection, please send an email to [office@sfstrathfieldsaye.catholic.edu.au](mailto:office@sfstrathfieldsaye.catholic.edu.au) and we will let you know when the items are available for collection.

Thank you for your continued support.

Michelle Janssen & Stephanie Wade, Scholastic Books Coordinators



## Annual Poppy Appeal

The Bendigo District RSL Sub-Branch Inc., as part of the Annual Poppy Appeal, will place honesty boxes with Badges and Tokens in our school office during the period of Friday 29 October – Tuesday 16th November 2021 inclusive. Children and parents may purchase from the office or make a donation using the QR code on the flyer during this time.



REMEMBRANCE DAY  
*Let's We Forget*



# Poppy Appeal



Purchases can be made  
via our online store  
<https://appeals.bendigorsl.com.au/>

Donations can also be made  
directly by scanning this QR Code





Dear St Francis Families,

Great news! Our **Buxwear** website has been upgraded and the result is a much easier ordering process for you. The benefits to you are:

- Pay instantly at the checkout using Zip pay or credit card - no need to provide our St Francis shop with your credit card details.
- Once payment is confirmed your order is then emailed to our shop at St Francis (your credit card details are not included in this email).
- Our staff process your order and deliver it to the class tub to be collected by your child.
- Sizing measurements for all garments can be found under the heading 'Shop'.
- Create an account with Buxwear and your purchase history will be saved and easily accessible to you.
- If we are out of stock of an item you have ordered, we will process the items we have stocked and Buxwear will keep your partial order open until the order is complete. This reduces the risk of mistakes common to the paperwork system.
- You will be sent two confirmation emails, one to inform you your order has been received and paid for and a second email when your order has been processed at the St Francis shop.

Due to the many benefits of ordering through the Buxwear web site we will be using this as our only ordering system and will no longer use the school order form. The uniform list will still be available on the Simon Everywhere app and the school website.

How to order:

- Go to [Buxwear.com.au](https://buxwear.com.au) (this link will take you directly to the Buxwear St Francis Shop)
- Under the heading 'Shop' choose 'shop by school' and scroll down to St Francis.
- Add items to your cart.
- Under 'add notes to the seller' please put your child's name and class number.
- At the checkout create your account and pay using your preferred method.
- Our staff at St Francis deliver your order to your child's class tub, alternatively you can leave us a message if you would prefer to pick it up from the school office.
- All St Francis uniform is kept on site at St Francis so please select 'school pickup'. Delivery is available, at a cost, for those who are unable to pick up from the school.

If you have any questions please don't hesitate to email us at the St Francis Uniform Shop on [stf@buxwear.com.au](mailto:stf@buxwear.com.au)

If you have any issues ordering through the Buxwear website, please email Buxwear at [info@buxwear.com.au](mailto:info@buxwear.com.au)

Our uniform shop is open to customers and for processing online orders on Mondays 8.30 - 10.00am, Wednesdays 3.00 - 4.00pm and Thursdays 8.30 - 10.00am. Due to COVID restrictions, we are currently not serving customers on site, but we are processing online orders and we will keep you updated when COVID restrictions change.

We thank you for embracing this new ordering system and we are excited to see the benefits of this change.

Regards,

Sarah, Bec, Jade and Joelene.

## 2022 Bendigo School Bus Travel – Mandurang Bus travellers only



Applications for country bus travel must be made online and approval granted for travel using the online platform, School Bus Management System (SBMS).

In this information pack you will find SBMS Quick Reference Guides to assist you with making an application for country bus travel, together with general advice relating to public services. To do a Pre-Application Check, go to: <https://schoolbus.educationapps.vic.gov.au>

NB. This step is not an approval for travel process. Pre-Application Checks provides you with information about the SBP services available to you. It does not assess eligibility.

**Applications for 2022 SBP travel open in Term 4, 2021.** To avoid disappointment, new and returning families are encouraged to apply/renew travel for 2022 as early as possible in Term 4. Application processing will occur late December.

## Tuckshop News.....

Please note: Currently we are unable to have helpers in our tuckshop. We will let parents know when this is possible again.



Menu available here - [Term 4 Tuckshop Menu](#)

**Remember to place individual orders for each child. Do not combine the orders under one child's name.**

We are also happy to have a chat with any parents who may have concerns about their child's food related allergies and our current menu options.

Fiona (0400 072 311) & Donna (0408 051 979) Tuckshop Coordinators.

## YMCA – After School Care

The YMCA operates an After-School Care Program at St Francis of the Fields Primary School. The program

operates every school day for children aged 5-12 years. The YMCA also provides care on days of school closure.

Families can contact the service on 0459 988 313 or visit 'My Family Lounge' where you can register your child in advance for any bookings. any questions please contact [stfrancis@ymca.org.au](mailto:stfrancis@ymca.org.au).



### St Francis of the Fields Primary School

**Pupil free day**  
**Monday and Tuesday**  
**22<sup>nd</sup> and 23<sup>rd</sup> of November**

**8am – 6pm**

The YMCA will be operating  
full day care on this day.



To secure your place log into My Family Lounge  
and place a casual booking or  
contact us on **0459 988 313**



# WE WANT YOU!

## JUNIOR & MASTERBLASTER & WOMEN'S CRICKET REGISTRATION NOW OPEN

Great opportunities for young cricketers aged 5 - 9

Come and join a fun active programme starting in November



Seeking interest for female cricketers aged 9 yrs to adults to join either our Master Blaster, U16 Girls or Women's Teams

For more information, call our Junior Co-ordinator, Brent Yates: 0434 730 711 or email: [strathfieldsayejets@gmail.com](mailto:strathfieldsayejets@gmail.com)  
 Register Online at [www.playcricket.com.au](http://www.playcricket.com.au)










## E-J'S DRILL DANCE INC

### NOW RECRUITING NEW MARCHING MEMBERS FOR OUR 2021/22 SEASON!

UNDER 8'S, UNDER 13'S, UNDER 18'S, SENIORS & MASTERS  
GIRLS AND BOYS WELCOME!

CAN'T MARCH? WE'LL TEACH YOU COME AND GIVE IT A GO!  
LOCATED IN BENDIGO



INTERESTED IN JOINING OUR FAMILY FOR THE 2021/22 SEASON?



← SCAN HERE TO CONTACT US TODAY!  
OR CALL LOUISE ON 0410 026 099






# L'Arche Christmas Market

- Plants
- Produce
- Christmas Cakes & Puddings
- Cakes & Slices
- Craft
- BBQ
- L'Arche Artwork
- Vintage Kitchenalia
- Raffle

And much more



At  
The Good Loaf

404 Hargreaves Street,  
Bendigo

Sunday  
November 28, 2021  
10am—2pm





## TWILIGHT MOVIE

IN THE GARDEN

Celebrate Children's Week 2021 under the stars at a special twilight screening of the movie *Think Like a Dog* (PG) starring Gabriel Bateman, Megan Fox and Josh Duhamel


**Date:** Friday October 29, 2021  
**Venue:** Garden for the Future, Bendigo Botanic Gardens, White Hills  
**Time:** 6pm - 8:30pm (movie will commence at 6.30pm)  
**FREE Ticketed Event**

**Please note:** Due to COVID-19, numbers are restricted and free ticket bookings are required. For more information and to book your free ticket please visit [www.bendigoregion.com.au/explore-bendigo/childrens-week-twilight-movie](http://www.bendigoregion.com.au/explore-bendigo/childrens-week-twilight-movie)

This year's Children's Week theme is about friendships and connecting with others which is nicely reflected in this movie.

So, bring along a picnic dinner and enjoy a great family evening in the gardens!







# BE THE NEXT ELLYSE PERRY & HAVE FUN..... GRADES 4 TO 6 SCHOOL GIRLS CRICKET

**Monday Nov 1<sup>st</sup>, 8<sup>th</sup> & 15<sup>th</sup>**

**3:45 to 4:45pm @ Strath Primary School Oval**

**NO Experience Required**

**NO Gear Required**

**Bring Your Friends**

**Contact Your school PE Teacher or  
Brent Yates for info 0434730711**



## BSNA BOYS ONLY COMP!



**Learn from the best  
- With Coaching Tips from -  
Carol Cathcart and Jayden Cowling**

BSNA are thrilled to open  
Expressions of Interest  
for our

**15U Boys Only**

**Twilight Competition!**

The competition will run for six  
weeks and will proceed with a  
minimum number of  
16 participants

### WHEN AND WHERE:

- Golden City Netball Association Courts
- Friday Nights
- Starting date TBA (approx. 5th November)
- Cost to participate is \$60

### TO REGISTER YOUR INTEREST:

- <https://forms.gle/C2mZLaHapxwADy1j9>

### FORMAT:

- Week 1 & 2 - A mixture of Learning and Match Play
- Week 4 to 6 - Match Play!

For further information email [bendigo.strathdale.netball@gmail.com](mailto:bendigo.strathdale.netball@gmail.com)  
or call Beck on 0407 358 160



## TWILIGHT 2021

Friday Nights  
November 5th - December 17th  
*Subject to Road Map  
guidelines*

### SECTIONS

PRIMARY GRADE 3-4

PRIMARY GRADE 5-6

13 & UNDER

15 & UNDER

14-17 YEARS MIXED

OPEN (18 & UNDER)

25 & UNDER MIXED

*\*Subject to entries*

**Play for  
the love**



**Entries open to  
current BSNA  
participants  
and outside  
teams**

## TEAM ENTRY

Please click on the below link to register  
your team or cut and paste into your browser.

<https://forms.gle/tzvK5NMrVcWDJWwD7>



EMAIL [bendigo.strathdale.netball@gmail.com](mailto:bendigo.strathdale.netball@gmail.com) FOR MORE INFORMATION