

ST. FRANCIS OF THE FIELDS

Newsletter No. 14 - August 26, 2021

(Term 3 - Week 7)

The Jaara people are the traditional custodians of the land on which we live. They have lived here for thousands of years. We commit to working for Reconciliation and justice for all Aboriginal people and to learning more about the Jaara

"To Live, Learn and Grow in God's Love"

Reminders

Thursday 26 Aug

P&F Meeting @ 7.30pm

Wednesday 1 Sept

School Advisory Council @ 6.00pm

Thursday 2 Sept

Father's Day Stall

Sunday 5 Sept

FATHER'S DAY

Monday 6 Sept

Summer uniform may be worn from today

Hats are required from today

Thursday 9 Sept

Year 3 Camp

Yr 6 Life Relationships @ 7pm

Friday 10 Sept

Year 3 Camp

Monday 13 Sept

Division Athletics Carnival @ LUBAC Thursday 16 Sept

Last day of Term 3 - 2.30pm finish

Friday 17 Sept

Pupil Free Day

Tuckshop 2021 - Term 3

(No parents helpers allowed as yet) Week 8 Friday 3 September

Week 9 Thursday 9 September Friday 10 September

Week 10 Thursday 16 September

Weekend Maintenance

4-5 Sept Father's Day Weekend

Whitford (6W), Johnson (4Z),

Lennon (2P)

PH: 5439 3191

4-5 Sept Jobling (3H), Neave (6W),

Longford (3GE)



FAX: 5439 3192

"For it is in giving that we receive." St Francis of Assisi



Dear Families,

Father's Day can hold many emotions for both men and women those who had a loving father that passed away, those who never knew their dad, those expectantly waiting to become a dad soon, and countless other situations surrounding the father-child relationship.

Dear Lord, We give thanks, Creator God, for the fathers in our lives.

Fatherhood does not come with a manual, and reality teaches us that some fathers excel while others fail, we ask for Your blessings for them all and forgiveness where it is needed.

This Father's Day we remember the many sacrifices fathers make for their children and families, and the ways - both big and small - they lift children to achieve dreams thought beyond

So too, we remember all those who have helped fill the void when fathers pass early or are absent; grandfathers and uncles, brothers and cousins, teachers, pastors and coaches and the women of our families.

For those whoa re fathers, we ask for wisdom and humility in the face of the task of parenting. Give them the strength to do well by their children and by You. In Your Holy name, O God, we pray. Amen



Covid update

I am very grateful that our teachers are so flexible. They continue to meet the challenges of covid head on and are still hopeful that many of our community events may still continue in some form in the days and weeks to come. Some of the changes include:

Book Week

- The Blurb's Concert that supports the Book Week theme have been rebooked for Thursday 14 October.
- The dress up for Book Week will also occur on Thursday 14 October (sorry parents!)
- We hope that the Book Fair can still continue, in conjunction with the Art Show, if parents are allowed onsite (dates are still to be set).



Art Show

- The Art Show display is set up in the shed still and will remain set up for the next 2 weeks. Hopefully, if parents are allowed to be onsite we will adhere to the Covid regulations to ensure all parents are able to attend.
- We are also preparing a video presentation of all the children's wonderful work and will send this out via Facebook next week.
- I am grateful for the dedication of our wonderful Art teacher, Carmel Fitzgerald thank you for all you hard work!!

Father's Day Stall

We will work with the Parents & Friends to determine how we can support our children with the Father's Day Stall on Friday 3 September, if we are back onsite.





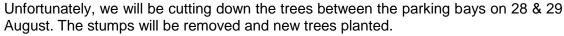
Pupil Free Day

We will hold a Pupil Free Day on the last day of school for Term 3. This means that the school will be closed on Friday 17 September, though After School Care may be provided if enough students are registered to attend.

Facilities Update

Oval path & trees

The path around the school oval has become very unsafe due to the tree roots lifting many of the pavers. We have consulted with the Council to determine the best course of action.





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The path will hopefully be repaired during the September holidays.

Water leak

The corridor outside the Foundation classroom has been hit with a significant water leak (a rat ate through the air conditioner water line over the weekend). This has meant we have replaced the ceiling, and will replace the carpet and repaint as soon as possible.

When the children return they should see some lovely changes.

Tender Process

PH: 5439 3191

The tender process for the Victorian State Government Grant closes today. We will meet online to determine who the successful tenderer will be.

Hopefully, the price matches our grant! Fingers crossed!!

FAX: 5439 3192

I do expect that the contractors will be onsite over the September holidays and the portables will be moved! Special thanks to our Building Team who have met regularly over the past 18 months to design a beautiful learning centre for our children. Thank you - Kaine Perry, Adam Place, Lisa Hitchcock, Julie Langdon, John Deane and Grace Scalora.

HOME PAGE: www.sfstrathfieldsaye.catholic.edu.au

Christ has no hands but yours.

Tim Moloney Principal



Every minute matters

Start of Day Matters

aim to be at school by
8.45 am
for a
9.00 am start

INVITATION from University of Melbourne -

A free online Webinar for families -

Coping during Lockdown

Monday 30 August 2021, 8pm to 9pm.

Gain insights and tips to help your family manage better through lockdowns.

Covid-19 has forced many families to adapt to a new reality of remote learning, working from home, cancellation of social activities and more time spent with family members which can raise the emotional temperature for everyone.

There is no doubt lockdowns are a stressful time for families, however there are also many things we can do to support and improve our wellbeing during these times.

During this discussion, the panel of health and wellbeing experts along with community members, will provide insights and tips on how families can work together to manage through lockdowns including the role parents can play, maintaining hope, tips to improve motivation for young people and more.

The webinar is ideal for families with children across Australia and allied health professionals who provide services to families. The discussion will go for 40 minutes followed by questions from the audience. Submit questions via Q& A on the day.

The webinar is hosted by Professor Jane Gunn, Dean, Faculty of Medicine, Dentistry and Health Sciences at the University of Melbourne, and forms part of the 'In pursuit of health' event series.

Event details and bookings are listed here

CES Limited Pastoral Wellbeing Team

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A Parenting Style for our times

Theme: Positive Parenting By Michael Grose.



I spoke to a mother recently who was struggling to find the right balance in her parenting approach. She was frustrated that she always had to nag her children to get cooperation. More disturbingly, she felt a lack of connection to her children, which concerned her given the challenges we are now experiencing.

I suggested that she should "guide like a cat and nurture like a dog". She loved what I had to say so I thought it valuable to share my ideas with the Parenting Ideas community.

You have some cat and dog in you. It's just a matter of accessing those parts and bringing them out when we need them.

Find your inner cat to guide and manage

The cat is the credible side you all have, but find difficult accessing. It's expressed through your non-verbals – your tone of voice, your posture and your head position.

A cat speaks with a flat, clipped voice. Your head is very still and your body upright and confident. The quickest way to access your inner cat is to speak with your palms facing the ground. You'll find you'll naturally speak with a clipped voice, still head and body and a serious expression on your face. This is your credible (and calm) side.

When you speak from your cat side people will usually believe what you have to say. The cat side gives you authority.

Australia's former foreign minister Julie Bishop was a good example of using cat behaviour as she oozed authority when she spoke. That's because she accessed the cat side of her nature in public.

Guide like a cat by speaking calmly, quietly and staying still when you speak. 'Cats' will also withdraw eye contact rather than stand and argue so look away or respectfully move away rather than become involved in a pointless argument with a child.

'Cats' also look for ways to manage visually (with such things as rosters or charts) or by moving close and whispering, rather than repeating themselves. If 'cats' repeat themselves, they are more likely to lower their voice than raise it to get attention. These cat behaviours work well when guiding and managing children and teenagers.

Use your inner dog to nurture and build relationships

We also have a dog side to our nature. This is the approachable, conversational, relationship-building side. When you access this side you'll speak with lots of inflection in your voice. Your head will bob up and down. You'll probably lean forward as you speak and you'll smile a lot. The quickest way to access your dog nature is to speak with your palms up. You can try it now. Stand up, put your hands out with your palms up and start

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speaking. You should notice a big difference in how you deliver your message from when you spoke with palms facing down. If not, alternate speaking with palms up and down until you see a difference.

The dog side of our nature is what many of us feel more comfortable with. If you are in a management position at work, you probably spend more time accessing your cat than your dog. Although effective managers will move seamlessly between the two, accessing their dog when networking and relationship-building, then finding their cat for negotiations or when making decisions.

Actor Hugh Jackman is an example of a public figure who is dog-like as he usually speaks with lots of up and down pitch in his voice, a big smile and open body language. However, he can switch to cat mode in interviews when talking about something serious. He will speak quietly, calmly and his head will stay very still. We believe him when he speaks. He's no lightweight. It's his ability to switch from cat to dog and back again that makes him so charismatic.

Bring your cat and dog to your parenting

Effective parents can make subtle adjustments to their communication. That is, they alter their style to suit the situation rather than let their moods dictate their communication styles. This is not necessarily conscious. Do it often and you'll find switching from cat to dog and back again becomes an ingrained parenting pattern.

Get your cat and dog wrong and you'll be ineffective. Guide like a dog and you'll do one of three things - whine to get cooperation, become angry if they ignore you, or do nothing because you don't want to offend your children. Build relationships like a cat and you'll be seen as distant, stiff and unapproachable.

Get the mix right and you'll be able to give your children exactly what they need. That is, the leadership and safety that cats provide and the nurturance and encouragement that comes naturally to dogs.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Regards, Grace Scalora Deputy Principal - Pastoral Wellbeing



Parent Survey re Student Writing – Closing soon!

Parent Survey - Writing

PH: 5439 3191

Thanks to those families who have completed this short parent survey regarding their children's writing skills. Your feedback has been amazing!

Writing is such a complex task, involving many elements, such as creativity, craft, spelling, writing structure, editing skills and handwriting. After a detailed analysis of our school data, it has been decided that writing is an area of learning that we would like to investigate further as we aim to improve our student's abilities and skills. It is not too late if you would like to contribute your thoughts to this process. The more information we have, the more informed our decisions can be.

With thanks, Marg Brohm - Literacy Leader

FAX: 5439 3192











St Therese's Parish - Sacramental Program 2021 - 2022

Reconciliation Program

An email invitation has recently gone home to all parents of children in Grade 2. Included is information regarding our program and the role the parish, the school, and your family play, as well as an enrolment form. The program is also open to all children in grades 3-6 who have not completed their sacraments as of yet. The Sacraments of Confirmation and First Eucharist (Communion) will follow in Term 2 next year. The Reconciliation Program Parent Information nights will be held on Tuesday 12 October at St Therese's Church and Wednesday 13 October at St Joseph's Church, with the program to begin soon after (pending restrictions). If you have a child in Grade 2 this year, and have not received an email please contact our Parish Sacramental Coordinator Kristy Ryan at stsacraments@gmail.com

RCIC Program

Is your child not baptised? The Rite of Christian Initiation for Children (RCIC) is a four-week program, held during first term 2022 for school aged children wanting to be baptised. Children who are baptised or received into the Catholic Church at this time, are able to prepare for Sacrament of Reconciliation with the other candidates in 2021, and continue their sacramental preparation alongside their peers. If your child is of school age and interested in being baptised and continuing their faith journey, please contact our Parish Sacramental Coordinator Kristy Ryan at stsacraments@gmail.com

RCIA Program

Are you an adult and not baptised or have been baptised in another Church? The Rite of Christian Initiation of adults (RCIA) is for adults wanting to become Catholic. The program is a four stage process: Enquiry (initial interest about becoming Catholic), Catechumenate (formal period of formation in faith), Election and Celebration of the Sacraments (spiritual preparation) & Post-Baptismal Enlightenment (informal follow-up, ongoing involvement). Our RCIA program will begin soon. For more information please contact Parish Sacramental Coordinator Kristy Ryan at stsacraments@gmail.com. Parishioners interested in joining the RCIA team by contributing to these sessions are welcome to enquire also.

Lisa Hitchcock

PH: 5439 3191

Catholic Identity Leader

St Francis Basketball - Registration time!!

Could ALL players interested in Summer 2021/2022 Season (Term 4 & Term 1) please register ASAP. https://forms.gle/nzsa3KkhQtzqkMwf9

Both new and current players must complete.

FAX: 5439 3192

Please be aware some teams will be moving up age groups, and unfortunately some will have only a few players needing to move up due to the age cut-offs. We expect we will need to do some further shuffling in lots of age groups.

Teams are often searching for coaches, please don't be afraid to put your hand up!

PE News.....

Divisional Football - Girls

On Thursday 12th August we went to Kennington Primary School to play football. Our girls team played Strathfieldsaye PS first and we won by 68 points. Next was Girton and it was a very close game which we lost by only 1 point. St Kilian's were too strong for us and won by a few goals. Marist was another close loss and to finish off the day we won against White Hills. The games were 12 minute halves. We played on the bottom ovals which were not too muddy. It was a fun day and we stayed to watch the grand final. Even though we only won 2 games it was enjoyable playing against other schools in Bendigo.

By Tully Place & Ady Neilson 6FM

Divisional Football - Boys

On Wednesday 11th August, the St Francis footy team got on a bus and headed for Kennington PS. We got there about 9:10 and were nearly instantly put into a game. There were seven games for the day with 20-40 minute breaks between each. The fields were smaller and a lot muddier than anticipated, but that didn't stop us. We one all our games including some strong sides like Strath and St Therese, in doing that we got put in the finals against Marist. It was a hard game but in the end we won by over 30 points.

We won the trophy as well as the rights to go to swan hill for the next level, there was great teamwork, crazy goals and even sibling bragging rights.

Catholic Athletics - 2021:

On Thursday 19th of August, we had over 70 year 3-6 children attend the Catholic Athletics Championships. We had an extremely successful day and the results of the children finishing top 3 in their events can be found below. Our children continue to make us proud with their sportsmanship, humility and genuine excitement and encouragement of each other. The kindness and behaviour they display when representing our school is exceptional, and we are so incredibly proud of not just our children's sporting achievements, but the outstanding young people they are. We have a team of 36 children that have made it through to the Divisional Athletics to be held on Monday 13/8/21. We wish all these children the very best!

Top 3 finishes:

9G- Willow Wardell: 100m- 3rd

9B- Tommy Harrop: 100m- 2nd, 80mh- 3rd,

Relay- 1st

10G- Etta Place: 200m- 2nd, HJ & Relay- 2nd **10G- Sienna Raco:** 100m- 2nd & Relay- 2nd

10G- Ella Schubert: TJ- 2nd

10G- Marlie Skinner: LJ- 2nd & Relay- 2nd **10G- Ava Hope:** 800m- 3rd, Relay- 2nd **10G- Ayla Lowndes:** 1500m- 3rd

10B- Jed Willis: 800m- 1st & 1500m- 1st **10B- Max Perkins:** 800m- 2nd & 1500m- 3rd

10B- James Neunhoffer: TJ- 2nd 10B- Tate Kanzamar: Relay- 1st 10B- Harry Ward: Relay- 1st 10B- Archer Horan: Relay- 1st

11G- Tully Place: 100m- 1st & Relay- 2nd

FAX: 5439 3192

11G- Milly Cummins: TJ- 1st

11G- Sophie McDermott: 1500m- 1st 11G- Jorja Cunningham: Relay- 2nd 11G- Alexis Arundell: Relay- 2nd 11G- Abby Van Emmerik: Relay- 2nd

Mrs Coates PE Coordinator

PH: 5439 3191

11B- Oden Dean: 80mh- 2nd, SP- 1st & Relay- 1st **11B- Ned Oldham:** 100m- 1st, 200m- 1st & Relay-

1st

11B- Darcy Tyler: TJ- 2nd & Relay- 1st **11B- Quinlan Cody:** 1500m- 2nd & Relay- 1st

11B- Duncan Strachan: HJ- 1st 11B- Eli Fennell: 1500m- 3rd

12G- Eliza Evans: SP- 2nd & Discus- 1st **12G- Jordan O'Bree:** 800m- 2nd & 1500m- 2nd

12G- Alyssa Paterson: 100m- 2nd & Relay- 2nd

12G- Bethany Cole: HJ- 1st **12G- Emily Creek:** Relay- 2nd

12G- Rania Jackson- Leahy: Relay- 2nd **12G- Dempsey McDonnell:** Relay- 2nd

12B- Van Bortolotto: Discus- 1st **12B- Mack Skinner:** Relay- 1st

12B- Aydan Hand: 80mh- 1st, HJ- 2nd, Relay- 1st **12B- Charlie Harrop:** 1500m- 1st, TJ- 1st, 100m-

2nd & Relay- 1st

12B- Maurice Nihill: 800m- 1st, 1500m- 2nd &

Relay- 1st

12B- Sam O'Bree: 1500- 3rd

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OASIS News....

Thank you

We have had a small response from families donating some extra tools for our garden program and I would like to thank these families for all the work they are doing:

The Mitchell Family - Kelly and Ben have donated another 2 dozen fertilised eggs for our school chicken hatching program. Hopefully these little chicks will hatch next week some time. The Grade 6 students are very excited about this.

The Besiroglu Family - For offering some material for our new compost garden in the Environment Centre. Thank you for all your help.

The Perkins Family - Nikki has been pivotal in the development of our Environment Centre. Her and her family have been on the weekends assisting with the plants and the garden edging. They have donated a truck of soil for the summer garden beds and Nikki has been so helpful with her knowledge of the garden. Nikki and her family have also donated brand new tools such as shovels and hoes, planting stations and other things that we will use every day. Thank you for all you are doing.

The Norman/Bone Family - Bec and Kerry are working together to spray our fruit trees as some of them have been infected with 'Curly Leaf' over the past few years. They are working hard at trying to eradicate this before the Spring buds come up. Thank you for your work.

OASIS Website

Be sure to check out our website to catch up on all the news and events that is happening in OASIS at the moment. OASIS Website



Environment and Sustainability Teacher/OASIS Coordinator



2022 Bendigo School Bus Travel - Mandurang Bus travellers only



PH: 5439 3191

Applications for country bus travel must be made online and approval granted for travel using the online platform, School Bus Management System (SBMS).

In this information pack you will find SBMS Quick Reference Guides to assist you with making an application for country bus travel, together with general advice relating to public services.

To do a Pre-Application Check, go to: https://schoolbus.educationapps.vic.gov.au

NB. This step is not an approval for travel process. Pre-Application Checks provides you with information about the SBP services available to you. It does not assess eligibility.

Applications for 2022 SBP travel open in Term 4, 2021. To avoid disappointment, new and returning families are encouraged to apply/renew travel for 2022 as early as possible in Term 4. Application processing will occur late December.

Tuckshop News.....

Please note: Currently we are unable to have helpers in our tuckshop. We will let parents know when this is possible again.

Menu and roster available here - <u>Term 3 Tuckshop Menu and Roster.</u>

Remember to place individual orders for each child. Do not combine the orders under one child's name.

We are also happy to have a chat with any parents who may have concerns about their child's food related allergies and our current menu options.

Fiona (0400 072 311) & Donna (0408 051 979) Tuckshop Coordinators.

FAX: 5439 3192

YMCA - After School Care

The YMCA operates an After-School Care Program at St Francis of the Fields Primary School. The program operates every school day for children aged 5-12 years. The YMCA also provides care on days of school closure. Families can contact the service on 0459 988 313 or visit 'My Family Lounge' where you can register your child in advance for any bookings. any questions please contact stfrancis@ymca.org.au.



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Community News....

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Are you interested in playing competition tennis?

Strathfieldsaye Tennis Club are holding a Registration and

come'n'try day on:

Sunday the 29th August

From 10am to 12pm

At the Uxbridge street courts.



Are you in **grade 3, 4, 5 or 6?** Then come along, bring a friend and sign up to play. Our coaches from GIANT tennis will be there helping out.

Grading day and team registration will be held on:

Sunday, September 12th

10am to 12 noon



BTA Summer competition commences on October the 9th with A grade playing Friday night and B & C Grade games are played on Saturday mornings at the Bendigo tennis courts on Nolan Street.

For more information contact Eddie Castle on 0402 246 236



Let's have an active fun summer of cricket...

Strathfieldsaye Jets Cricket Club welcomes new and existing players to register for the 2021/22 season. Registrations are now open for Junior Blaster (ages 5 to 7), Master Blaster (ages 8 to 10), U11, U12, U14, U16, and Junior Girls teams via the Play Cricket link below:

 $\frac{https://play.cricket.com.au/club/strathfieldsaye-cricket-club/1a3bd37b-87d8-eb11-a7ad-2818780da0cc$

If requiring further information, or any queries in general please feel free to contact us via email strathfieldsayejets@gmail.com or the phone numbers below.

"Live local, Play local"

Brent Yates | Junior Co-Ordinator | 0434 730 711

Marc Sherwell | Junior Secretary | 0418 365 461

Strathfieldsaye Jets CC

PH: 5439 3191