

ST. FRANCIS OF THE FIELDS

Newsletter No. 9 – June 3, 2021
(Term 2 – Week 7)



The Jaara people are the traditional custodians of the land on which we live. They have lived here for thousands of years. We commit to working for Reconciliation and justice for all Aboriginal people and to learning more about the Jaara

“To Live, Learn and Grow in God’s Love”

Reminders

Thursday June 3

- ☐ P&F Meeting @ 7.30pm via Zoom link

Friday June 4

- ☐ 1R & 1M Mass @ 11.45am

Saturday June 5

☐ **Trivia Night - Postponed**



Wednesday June 9

- ☐ Soccer Comp – Yr6
- ☐ School Advisory Council Meeting @ 6pm

Thursday June 10

- ☐ Soccer Comp – Yr6

Friday June 11

- ☐ Feast of the Sacred Heart Mass @ 11.45am

Monday June 14

- ☐ **Queen’s Birthday Holiday**

Friday June 25

- ☐ 5HM & 5D Mass @ 11.45am
- ☐ End of Term 2 @ 2.30pm

Monday 12 July

- ☐ Term 3 starts

Tuesday 13 July

- ☐ Dental Health Clinic

Wednesday 14 July

- ☐ Dental Health Clinic

Thursday 15 July

- ☐ Dental Health Clinic
- ☐ State Cross Country – Melb
- ☐ **St Francis Disco**



Friday 16 July

- ☐ **Pupil Free Day** – NCCD & Wellbeing Staff PD

Tuckshop 2021

Week 7

Friday June 4

- 12-3pm Tandy Jackson | Brylie Anderson | Megan Merrett

Week 8

Thursday June 10

- 12-3pm Christine Patchling

Friday June 11

- 12-3pm Chelsea Baker | Chantelle Bennallack

Week 9

Thursday June 17

- 12-3pm Marnie O’Bree

Friday June 18

- 12-3pm Bec Stratton | Donna Wagner

Week 10

Thursday June 24

- 12-3pm

Friday June 25

- 12-3pm Renee Jet | Bek Stevens | Carlee Fleming

Weekend Maintenance

5-6 Jun Khodja (6W), Millar (3B), English (FdnWS)

12-13 Jun Brown/Wright (Fdn WS), Cole (6W), O’Neill (Fdn B), Turner (5HM)

19-20 Jun Bennallack (3H), Coombes (Fdn A), Hope (6D)

26-27 Jun Term 2 Break - No Maintenance

3-4 Jul Term 2 Break - No Maintenance

10-11 Jul Robertson-Turnock (FdnM), Hand (6D), Marsh (5K)

“For it is in giving that we receive.” St Francis of Assisi



Dear Families,

I pray that we are each able to take stock of our lives and celebrate the gifts that are provided to us each day.

May my horizon this day, Lord,
not be so foreshortened that I notice little.
Instead, open my eyes
that I may see afar and above
as well as in front and beneath me.
Lead me to keep my life in perspective and balance
and discover that the thread of your presence
is interwoven through the events and people of this day.
Amen.



Covid changes in Regional Victoria

As per the Acting Premier James Merlino’s announcement we will be returning to onsite learning!! You beauty!

The latest outbreak highlights the need to be vigilant and to continue our COVID Safe practices. The guidelines for schools change regularly and we have always endeavoured to share these changes with you as they arise. As we return, it is important to remember;

- Parents are welcome on the school grounds for a short amount of time (10-15 minutes) at drop off and pick-up time. Parents are not permitted into classrooms or assemblies as we strive to maintain density levels. Parents must sign in on our QR Code if they will be onsite longer than 15 minutes.
- All those who are over 12 years of age (except for primary age children) must carry masks at all times. Masks must be worn indoors except if at home, or if an exception applies. Masks must also be worn outdoors where 1.5 metres physical distancing cannot be maintained

- Children who are unwell should not be attending school and we will contact parents should children develop symptoms/illness throughout the day for the child to be collected.
- A reminder to return all iPads and chargers, workbooks and other items that were taken home.
- Canteen will be open, as normal, this Friday 4th June.

As a school we will continue to maintain our hygiene practices and continue to teach children these practices including hand washing, sanitizing and distancing in the school context.



Sad news

Please keep Peter Florence, current O.H & S officer, in your prayers. Sadly his 90 year old mother passed away on the weekend. Hopefully our thoughts, prayers and kind actions sustain Peter and his family through this difficult time.

Parents & Friends Meeting

All parents are invited to attend the P & F Community meeting on Thursday 3rd June at 7.30pm as part of an online forum. The zoom link has been sent to all families and should work simply by clicking on the link. The minutes for the past meeting are attached here for your benefit. [P&F Minutes 29 April](#)

2022 Enrolment Process

Please note that enrolments will be accepted from Monday 3 May and will close on June 18. Just a reminder to all current families that if you have Kindergarten children you will need to enrol by the closing date so that your child can be assured of a place at our school in 2022.



Enrolment application forms can be accessed on our school website. [School Website link](#)

Trivia night postponed

Please note that the St. Francis of the Fields Trivia night organised for Saturday 5 June has been postponed. A new date will be set and broadcast to our community in the coming weeks. Thank you to our organisers - Megan Merrett, Georgina Stevens and Nicole Emmerson.

Traffic Survey



To help improve the safety of our students as they travel to and from school each day, St Francis of the Fields Primary School and Strathfieldsaye Primary School and are working with members of the local community to develop a plan to improve the safety of road and pedestrian users around Strathfieldsaye. To assist our planning, we are collecting information about the traffic 'accidents' and 'near misses' that people have experienced during their school runs.

If you or your child has experienced an 'accident' or 'near miss' on your way to or from school, please complete the relevant information in the survey by clicking on the highlighted link below.

This information will remain confidential and only be used to assist with our lobbying efforts to improve the safety of road and pedestrian users around Strathfieldsaye.

Safer School Runs for Strathfieldsaye - Accidents and Near Misses Register

Term 2 Dates

Monday, 14 June Queen's Birthday Holiday.



Christ has no hands but yours.

Tim Moloney
Principal

Attendance Matters

Every minute matters

Start of Day Matters

- aim to be at school by 8.45 am for a 9.00 am start

Common sense strategies for raising girls

By Dr Justin Coulson

Theme: Parenting Girls



As a father of six girls I'm often asked for strategies for raising girls to be happy, responsible and strong. Here are my top five strategies that are relevant for parenting girls of any age.

Help her feel connected

When you connect with your daughter you help her to feel seen, heard and valued, which are vital psychological needs. You connect by helping her feel your delight when she walks into the room. You connect by stopping what you're doing and really listening when she speaks to you, and by ensuring she feels truly worthy and loved.

Help her feel she's enough

On Father's Day 2020, a 12-year-old girl completed a quiz about her dad, answering questions such as "What's your favourite thing to do with your dad?" "What's your favourite memory of your dad?" "What's your favourite song to sing with your dad?"

One question asked her to complete a sentence: "I know my dad loves me because..." His daughter wrote, "Because I'm me, and that's all he wants me to be." Help your daughter feel that she's enough because she is.

Help her navigate friendships with grace

Research highlights that girls have more friendship challenges and experience more relational issues than boys. Girls are more socially oriented. They fight more with words and emotions than boys who tend to fight with their bodies. Girls also ruminate more than boys. While fitting in is important for both genders, girls use social exclusion and relational aggression in unique ways that can really hurt.

If your daughter struggles with friendship issues there are no easy answers, however your attitude will make a huge difference. Gentle conversations that emphasise her value and worth, reinforcing your relationship are important when girls struggle. At some stage ask your daughter to reflect on these questions, "Do I like myself when I'm around those people?" and "Do I feel like I'm being true to who I am when I'm around these people?"

Help her love her body

Most girls want to feel beautiful. It's a parent's job to let them know they are - always. And that beauty comes from the inside. Never talk negatively about your daughter's body. Body shaming doesn't encourage healthier behaviour. It just makes girls want to disappear into the black hole of unworthiness. Remind her that it matters more what she can do with her body than how it looks.

Remember to let go

A parent's job is to prepare them for life without them. You're playing the long game, so the quality of your relationship really matters. Raising them to let them go is hard. But that's just how it should be.

Dr Justin Coulson presents a related webinar: **Connecting with teenage daughters**

Our school has a membership with Parenting Ideas. As part of this membership, you can attend the upcoming webinar 'Connecting with teenage daughters' at no cost.

About

In this webinar, Dr Justin Coulson (father to 6 daughters) unpacks the science and provides practical real-world advice for parenting teenage daughters. You'll discover what is really going on in their minds, how they really feel and what they wish you knew.

When

23 June 2021 8:00pm AEST

To redeem

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-connecting-with-teenage-daughters>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the coupon code DAUGHTERS and click 'Apply Coupon' Your discount of \$39 will be applied.
5. Click 'Proceed to checkout'
6. Fill in your account details including our school's name to verify your eligibility. These are the details you will use to login to your account and access your webinar and resources
7. Click 'Place Order'

This offer is valid until 23 September 2021. If you're unable to make the broadcast time, just register anyway and you will get access to the recording.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Regards,

Grace Scalora
Deputy Principal - Pastoral Wellbeing



Be your Best
Be Safe
Respect for All
Respect for Environment



Education is a Partnership

Young Person + Family + School
= Emotional Success

Work with your school to support
your young person



Peaceful Parents

4 WEEK PARENT WORKSHOP

The Peaceful Parents 4 week workshop is a Mindfulness & Positive Psychology based parenting program to increase resilience in primary aged children.

'Peaceful Parents' is a strength based parenting workshop that is engaging, practical and supportive for parents. It helps parents build on their parenting strengths to build resilient and calm kids.

Parents learn

- Resilience building exercises & strategies
- Mindfulness strategies to keep stress levels low
- Mindful listening & responding
- Positive psychology strategies to boost wellbeing
- Techniques to help their child lessen worrying
- Effective coping strategies
- How to help children manage their feelings
- How to help their child problem solve difficulties
- How to create healthy thinking habits

Workshop runs over 4 sessions on
the dates and times listed below.

A commitment to attend all 4 sessions is
required as these are not separate
workshops.

Maximum of 12 parents
All parents & carers welcome

Please note that is a 4 week educational course for
parents and not a counselling course or a course on
behaviour management for children.

These workshops will be running on a Wednesday beginning 16th June.
Time will be negotiated between 4-6pm or 7-9pm depending on
majority preference.

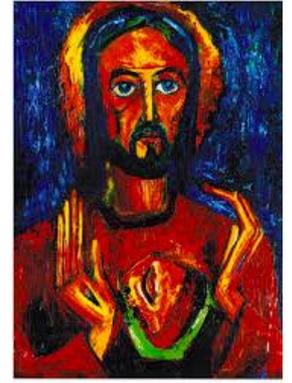
Each session runs for 2 hours.

Bookings and time preference please email Maree O'Connor:
moconnor@sfstrathfieldsaye.catholic.edu.au

RE News....

Feast of the Sacred Heart of Jesus

The Feast of the Sacred Heart of Jesus will be celebrated on Friday, 11 June. Due to COVID guidelines, we will not be having our usual whole school Mass. Classes will celebrate with a prayer service in their classroom. The Feast celebrates the special love Jesus has for all of humanity and how we as followers of Jesus are called to share this great love for our fellow humans. The heart is regarded as the natural symbol of love and affection. The heart gives and sustains life. This Feast celebrates the life of Jesus – God incarnate in our world. Pope Leo XIII said that the Sacred Heart is the symbol and express image of Jesus' infinite love for us, which should move us to love in return.



St Francis of the Fields will once again support the St Vincent de Paul Winter Appeal. Next week, classes will have a list of items that will be allocated to students and if able they can donate to their class hamper. This is an important appeal for Vinnies. Many in our community have faced many challenges during the pandemic. This is a way we can show our love for others and be a sign of God's great love for all of humanity. The Kennington Vinnies Conference will collect the hampers from our school in the last week of term.

God of all our Hearts,

Your love for us is deep and abiding. Help us to fill our hearts with kindness, gentleness and tenderness so that we may speak warm and encouraging words and act with justice and compassion. May our lives be full of generosity and service so that we might be the hands and feet of Christ in the world.

We ask this prayer through Jesus, your Son.

Amen

Sacramental Program - Confirmation and First Eucharist

The sacramental program is now in its fourth week - **"We gather, listen and respond"**. Due to the COVID Circuit Breaker, each family and child completed this week together in their own homes. We ask you to please pray for these children and their families as they prepare for Confirmation and First Eucharist.

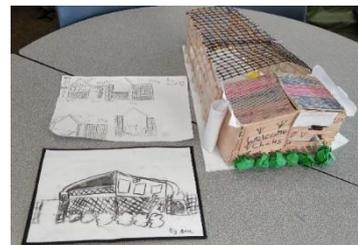


Lisa Hitchcock
Catholic Identity Leader

OASIS News....

Year 4 OASIS Chicken Coop Winner

The Yr 4 OASIS classes have been competing in a competition to see who could design and construct the best model chicken coop. Our Yr 6 students had the privilege of voting for the best design. As a result, the winner of the Yr 4 OASIS Chicken Coop design competition is Ava Hope. Her design will now be used as the template for the Yr 6 OASIS team to build a life size chicken coop in the new Environmental Centre. Congratulations to all the Yr 4 students on their creative designs and hard work.



Wonder Bread Bag Collection

Over the next 6 weeks, our school will be collecting Wonder Bread bags and Wrap bags. The goal is to collect 25kg in 6 weeks from **12 May – 25 June** so that we can exchange these plastic bags for tokens to buy sports equipment. We have collection boxes around the school for your child to put their empty bread bags into. Redcycle are teaming with Wonder and collecting soft plastics that then get recycled into all types of products. Please bring as many bread bags as you can to help support our cause.



OASIS Website

Be sure to check out our website to catch up on all the news and events that is happening in OASIS at the moment. [OASIS Website](#)

Matt Butcher

Environment and Sustainability Teacher/OASIS Coordinator



SEASONS FOR GROWTH - a program for children who have experienced grief.

Change and loss are issues that affect all of us at some stage in our lives. At St Francis of the Fields we recognise that when changes occur in families through **death, separation, divorce** or related circumstances, children and young people may benefit from learning how to manage these changes effectively.

We are, therefore, offering a very successful education program called '**Seasons for Growth**'. This program is facilitated in small groups and is based on research that highlights the importance of social support and the need to practice new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem solving, decision making, effective communication and support networks.

Seasons for Growth runs for eight weeks and each weekly session is 40-50 minutes during school hours. This program is being offered to all students.

Seasons for Growth will commence the second week of third term. If you think your son or daughter would benefit from **Seasons for Growth**, we would encourage you to talk to him/her about this. Please fill out the 'interested' slip and return before Friday 16th July.

If you would like more information, please email me:
moconnor@sfstrathfieldsaye.catholic.edu.au

Yours sincerely,
Maree O'Connor - Seasons for Growth Site Coordinator



SEASONS FOR GROWTH - a program for children who have experienced grief
(please return slip to Maree O'Connor before Friday 16th July, 2020)

Child's Name: _____

Parent's Name: _____

Parent Phone/Email: _____



CHILDREN'S CHATTER MATTERS

This week we have some more examples of fun ways to help develop your children's vocabulary and language skills.

Vocabulary refers to the words children need to know to understand what they hear and read, and to communicate.

Find the synonym or antonym

Play games to build word meaning. Decide whether the object of the game is to name antonyms or synonyms for the words. Once that is established, one player selects a word. Set a timer for one minute. See how many antonyms or synonyms each player can come up with in that time. For example: humid – muggy, steamy, oppressive, stuffy. Discuss tricky word meanings and try to put them into meaningful sentences. You could use pen and paper, and ask each player to write their words down.

Make your own riddles

Constructing riddles requires flexible thinking, but it can be done once a structure has been provided. The steps are as follows:

1. Think of a common object such as a **school bag**
2. Describe what it looks like and what it does (carry it to school, zip it, has a handle, straps, made of fabric)
3. Convert to the following format:
I can ... but do not ...
I ... but am not ...
I ... but am not ...
4. What am I?

Example:

I go to school but never learn.
I am made of fabric but cannot be worn.
I have a handle but am not a door.
What am I?
I am a bag.



Words Words Words

Look at an interesting picture (such as pobble365.com) or read/listen a short extract from a book/online story (<https://www.storylineonline.net/>). Write down words in each of these categories below.

Words for how
the character
is talking

Words to
describe the
setting

Words to talk
about how the
characters
walk/move

Words to
describe what
the character
looks like

Words to
describe feelings

Any other good
words

If you have any questions you can contact Lauren Naish, Speech Pathologist through the School's Learning Diversity Leader, Linda Cartwright.



For Sale....

Solid wooden students desks \$20.

Formerly from the Poor Clare Monastery. Funds will go to Caritas. Please contact St Therese's Parish Office 5443 3337 or email kennington@sandhurst.catholic.org.au

PE News.....

State Football Trial- Stage 1

I thought I did pretty well considering I didn't know anyone and had to learn some names. We did a warm-up for 30 mins then we played some proper games. We all got to play 2 games each and I got a chance to play all positions such as forward, mid and back.

There were heaps of girls from all over Victoria and I was able to make a couple of friends!
Dempsey McDonnell 6T



Football State Trial- Stage 2 & 3

On Sunday the 23rd of May, Tyce Griffin, Aydan Hand and Maurice Nihill went to the Trinity ovals in Melbourne for a football state trial. They lined us up from tallest to smallest and we each either got a pink, blue or green jumper. Tyce and Aydan got a blue jumper but Maurice got a pink jumper. The first game was green vs blue. Green we're definitely the strongest team but Tyce and Aydan still battled on.

Maurice Nihill 6D

Congratulations to all these students for making it to the next level in these tryouts. We wish you all the best.

Mrs Coates - PE Coordinator

Tuckshop News.....



REPEAT - Please remember to pay for your child's order on CDF Pay. We are noticing an increasing number of unpaid orders. All of these unprocessed orders affect the amount of food that is needed to be ordered and prepared by the tuckshop. Please try and make sure your order is entered before 9am to avoid this.

The current Term 2 Menu and Roster is on our school website - [Term 2 Menu & Roster](#)

Remember to place individual orders for each child. Do not combine the orders under one child's name.

We are also happy to have a chat with any parents who may have concerns about their child's food related allergies and our current menu options.

Fiona (0400 072 311) & Donna (0408 051 979) Tuckshop Coordinators.

YMCA – After School Care

The YMCA operates an After-School Care Program at St Francis of the Fields Primary School. The program operates every school day for children aged 5-12 years. The YMCA also provides care on days of school closure. Families can contact the service on 0459 988 313 or visit 'My Family Lounge' where you can register your child in advance for any bookings. any questions please contact stfrancis@ymca.org.au.



Nationally Consistent Collection of Data (NCCD) On School Students with Disability

What is the Nationally Consistent Collection of Data?

Schools must now complete the *Nationally Consistent Collection of Data on School Students with Disability (NCCD)* every year. It counts the number of students who receive additional adjustments or “help” at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

1. Is the student getting help at school so that they can take part in education on the same basis as other students?
2. Is the help given because of a disability? The word ‘disability’ comes from the [Disability Discrimination Act 1992](#) (DDA) and it can include many students.
3. Has the school talked to you or your child about the help that they provide?
4. Has the school kept records about the help they provide, the student needs and the reasons that the student needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how the student’s learning is moving along over time.

Once the school decides that the student should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to the student.

What does the word ‘disability’ mean in the NCCD?

In the NCCD the word ‘disability’ comes from the [Disability Discrimination Act 1992](#) (DDA). There are four types of disability that the school can choose from: sensory, cognitive, social-emotional and physical.

Many students that need help at school can be counted in the NCCD. For example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, Autism Spectrum Disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a

Community News....

nab AFL Auskick

NAB AFL Auskick is one of the best, first experiences kids aged 5-12 will have learning Australian Football.

In weekly sessions, Auskickers and their families will run, jump, kick, laugh and create their own special moments playing footy.

No matter their skill level, ability or knowledge of the game, Auskick is for everyone!

Registration is this simple!

- 1 WWW.**
Visit play.afl
- 2**
Select 'Where to play'
- 3**
Enter your suburb
- 4 REGISTER**
Find your local club and register!

play.afl/auskick

Marist 2022 Enrolments

**ENROLMENTS CLOSE FOR YEAR 7
FRIDAY 4 JUNE**

STILL A COUPLE OF PRINCIPAL LEARNING WALKS AVAILABLE 25 MAY AND 2 JUNE.
BOOKINGS ARE ESSENTIAL AND LIMITS APPLY.
VISIT THE WEBSITE FOR BOOKING DETAILS.
WWW.MARIST.VIC.EDU.AU

CATHERINE MCAULEY COLLEGE

DISCOVER YOU IN 2022 Find Your Future

ENROL FOR 2022

| | | |
|---|---|---|
| <p>APPLY ONLINE NOW Enrolment portal is open. We welcome enrolments from all families in our region.</p> | <p>BOOK A COLLEGE TOUR Book online for your small-group tour. Coolock Campus (Junortoun) tours run Tuesdays 5pm and Fridays 9am.</p> | <p>VISIT VIRTUAL OPEN HOUSE Now live - all welcome! Find out about starting Year 7 at CMC through virtual tours, videos, handy tips, FAQs and more...http://bit.ly/cmcOpenHouse</p> |
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VISIT OUR WEBSITE TO FIND OUT MORE www.cmc.vic.edu.au

ENROLMENT ENQUIRIES: Audra Petri College Registrar | 5445 9100 | enrolment@cmc.vic.edu.au
Enrolments for Year 7, 2022 close Monday 21 June, 2021